

CURRICULUM VITAE**MAUREEN PATRICIA MCCOY (MASON)****Contact Information**

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CV Revised December 2018

Academic Training

- Arizona State University, Mesa AZ, Masters of Science, 2004
 - Thesis: Dietary Supplement Use in Active and Sedentary Women Throughout the Lifecycle
 - Advisor: Dr. Linda Vaughan
- Arizona State University, Mesa AZ, Bachelors of Science, Dietetics, 2001

Professional Employment Record

- Nutrition Degree Coordinator, College of Health Solutions, Arizona State University, 2018-present
- Lecturer, Nutrition Program, Arizona State University, 2014-present
- Nutrition Consultant, Maricopa County Head Start, 2015-present
- Nutrition Coordinator, Maricopa County Head Start, 2010-2014
- Adjunct Faculty, Scottsdale Community College, 2010-2014
- Nutrition Consultant, Marana Unified School District, 2010-2013
- Adjunct Faculty, Glendale Community College, 2007-2010
- Dietitian, Washington Elementary School District, 2007-2010
- Nutrition Coach, Lifetime Fitness, 2006-2008
- Adjunct Faculty, Mesa Community College, 2006-2007
- Education Program Specialist, Arizona Department of Education, 2006
- Sports Dietitian, University of Florida, 2005-2006
- Adjunct Faculty, University of Florida, 2006
- Adjunct Faculty, Scottsdale Culinary Institute, 2005
- Adjunct Faculty, Mesa Community College, 2004

Credentials

- Registered Dietitian, 2004-present
- State Food Safety Food Protection Manager Certified, 2012-present

Professional Membership and Offices Held

- Arizona Academy of Nutrition and Dietetics, 2001-present
 - Professional Development Coordinator, 2019-present
 - Nominating Committee Director, 2017-2019
 - Nominating Committee member, 2016-2017
 - Web Associate, 2012-2013
 - COPI Chair (planned annual conference), 2011-2012
 - COPI Co-chair, 2010-2011
- Arizona Chapter of the American Academy of Pediatrics board member, 2018-present
- Public Health/Community Nutrition Dietetic Practice Group member, 2017-present
 - Editor, newsletter, 2018-2019
- Dietitians in Integrative and Functional Medicine Dietetic Practice Group member, 2017-present

- Health Service Advisory Committee Member, Urban Strategies Early Head Start, 2017-present
- Academy of Nutrition and Dietetics, 2001-present
- Central Arizona Academy of Nutrition and Dietetics, 2001-present
 - Newsletter Editor, 2008-2012
- Sports, Cardiovascular and Wellness Nutrition Dietetic Practice Group member, 2005-present
- School Nutrition Dietetic Practice Group member, 2009-2014

Professional Trainings

- Arizona State University, Information Security Training, 2014-present
- Arizona State University, FERPA Training, 2015, 2018
- Collaborative Institutional Training Initiative (CITI), Human Subjects Training Certified, 2013-2017
- Arizona State University, Intersections: Preventing Harassment and Sexual Violence, 2017
- Arizona State University, Title IX Training, 2015
- Arizona State University, Preventing Harassment Training for University Faculty, 2013
- Arizona State University Fire Safety and Prevention Certified, 2011-present

Presentations and Media

- TV Interview with ABC15 Sonia Wasu, “Pitchfork Pantry works to make sure no college student goes hungry during the holidays”, December 2019, <https://www.abc15.com/news/region-southeast-valley/tempe/pitchfork-pantry-works-to-make-sure-no-college-student-goes-hungry-during-the-holidays>
- Radio Interview with KJZZ/NPR, “Study Shows Lower Obesity Rates in Children in WIC”, November 2019, <https://kjzz.org/content/1327506/study-shows-lower-obesity-rates-children-wic-program>
- Interview with Arizona PBS, “Arizona saw children’s obesity drop after WIC required healthier foods”, November 2019, <https://cronkitenews.azpbs.org/2019/11/25/arizona-saw-childrens-obesity-drop-after-wic-required-healthier-foods/>
- Urban Strategies Early Head Start, “How to Feed and Move from Infancy – 3 years old”, October 2019
- Interview with Wallet Hub, “Best Cities for Vegans and Vegetarians”, October 2019, <https://wallethub.com/edu/best-cities-for-vegans-vegetarians/39706/#expert=maureen-mccoy>
- Health Affairs Blog, with co-authors Swapna Reddy, Greg Sprout, Sarah Martinelli and Jessica Lehmann, “Caught in the Crossfire of the Trump Administration’s New Snap Proposal: 500,000 Children”, September 2019, <https://www.healthaffairs.org/doi/10.1377/hblog20190917.77516/full/>
- Interview with KJZZ/NPR, “How Changes to the Food Stamp Program Could Hurt Working Families”, September 2019, <http://kjzz.org/content/1176326/changes-food-stamp-program-could-hurt-arizonas-working-families>
- Interview with Cronkite Graduate Student, “Nutrition Standards for Homeless Shelters”, Fall 2019
- National Football League Alumni and Microsoft, Pro Day Experience, Career Panel, 2018
- Scottsdale Community College, “Life of a Dietitian”, 2018
- Arizona State University Nutrition class, “Interviewing 101”, 2018
- Urban Strategies Early Head Start, “How to Feed from Infancy – 3 years old”, 2018
- Arizona Halle Heart Center, Annual Club Lub Dub Breakfast, “The State of Obesity”, 2018
- Arizona State University, Future Freshmen presentation about the nutrition degree, 2018
- Catholic Diocese, Lunchtime Wellness Presentation, “The New Food Label”, 2018
- Annual Interprofessional Healthcare Summit, presenter, 2017-2018
- Arizona State University, Sustainability course, “Community Nutrition”, 2017-2018
- Catholic Diocese, Lunchtime Wellness Presentation, “The Controversial Egg”, 2017
- Chicanos Por la Causa, “Portion Sizes 101”, 2017
- Arizona State University Nutrition Advisory Council, “Writing Across the Curriculum”, 2017
- Intern affiliate meeting, “Using the Academy Evidence Analysis Library”, 2017
- Catholic Diocese, Lunchtime Wellness Presentation, “History of Diets and How to Eat Without being on a Diet”, 2016
- Catholic Diocese, Lunchtime Wellness Presentation, “How to Read Food Labels”, 2015
- Arizona State University Fraternity, “Healthy Eating in College”, 2015

- The Worthy Institute, 6th Annual Arizona's Children's Obesity Conference. Shopping Matters and Share our Strength: Empowering Families to make Healthy, Affordable Meals", 2012.

Professional Conferences and Workshops Attended

- Arizona State University, "Annual Evaluation Preparation", December 2019
- Arizona State University, CHS Transcend Talk, "Breastfeeding, human milk bioactives and the developmental origins of atopic disease in the CHILD cohort", November 2019
- Arizona State University, CHS Transcend Talk, "Spillover Effects of Food Assistance Programs", October 2019
- Arizona State University, CHS Food and Thought event, "Women in Food and Agriculture", November 2019
- Arizona State University, CHS Health Talks, "Population Health Panel", October 2019
- Arizona State University, CHS Health Talks, "Hot Button Issues in Health Policy: Facts and Implications", October 2019
- Arizona State University, CHS Health Talks, "Ensuring the survival and flourishing of humanity", October 2019
- Arizona State University, "DRC/DoS/Counseling Services for Students", October 2019
- Arizona State University, "Nutrition for Healthy Aging", October 2019
- Arizona Dairy Council, annual Targeting Trends conference, October 2019
- Arizona State University, "Food Insecurity and Pathways to Illness and Suffering: New Global Research", October 2019
- Arizona State University, "ABOR Language Refinement", new degree proposal, September 2019
- Arizona State University, CHS Mentoring Workshop, September 2019
- Arizona State University and Maricopa County Department of Public Health, Annual Preceptor Meeting, August 2019
- Academic Transfer Credit Solutions, "ACETS and ATF Training", August 2019
- Arizona State University, "Assessment Training for Degree Coordinators", August 2019
- Arizona State University, CHS Affinity Network Retreat, August 2019
- Arizona State University, CHS faculty candidate, "Striving for Health Equity Through Research, Teaching and Service", June 2019
- Association of State Public Health Nutritionists (ASPHN) Annual Conference, June 2019
- Arizona Academy of Nutrition and Dietetics, Annual Conference, June 2019
- National WIC (Women, Infant and Children) Association, "eWIC in the Community: Innovative WIC and Headstart Collaboration", May 2019
- Arizona State University, "NTE Promotion Process", May 2019
- ASU Online, "VoiceThread Integration into Canvas", May 2019
- ASU Online, "Zoom Integration Into Canvas", April 2019
- AZ Transfer (course transfer group), "AZ Transfer Summit", April 2019
- Arizona State University, "Managing Disruptive Classroom Behavior", April 2019
- Academy of Nutrition and Dietetics, Public Health and Community Nutrition Dietetics Practice Group, "Introducing Terminology for Population Level Interventions", April 2019
- Arizona State University, "CHS Onboarding Meeting Information Session", March 2019
- Arizona State University, Translational Team Speaker Mark Pereira, Epidemiology and Community Health, March 2019
- ASU Online Training, "Accessible Microsoft Word Documents: Tips and Techniques", February 2019
- Arizona State University CHS Visitor, "Translational Science, A Vision for the 22nd Century", February 2019
- ASU Online Training, "Better Learning Through Peer Review Engagement and Collaboration", January 2019
- Arizona State University CHS, "Leadership Series, CHS", January 2019
- Arizona State University, "Master Class for Teaching Online (Canvas)", January 2019
- Arizona Academy of Nutrition and Dietetics, "Leadership Seminar 2019", January 2019

- Academy of Nutrition and Dietetics, “Harnessing the Power of the 5 R’s for Optimal Gut health”, January 2019
- Arizona State University, “Leading from Where you Are: Managing Up, Down and Sideways”, December 2018
- Tour of Isagenix facility, October 2018
- ASPEN Webinar, “Malnutrition”, September 2018
- Arizona Academy of Nutrition and Dietetics annual conference, July 2018
- Arizona State University, Canvas training, July 2018
- Arizona State University, “Intro to Canvas”, May 2018
- Human Society training and cooking class, “Forward Food”, May 2018
- ASU Online Training, “Using Rubrics”, April 2018
- Arizona State University Stardust Center for Affordable Homes and the Family, “Housing and Health”, April 2018
- Building Healthy Lifestyles Conference, Tempe, February 2018
- ASU Online training, “Strategies for large enrollment courses”, April 2018
- Arizona State University College of Health Solutions, Visioning Update, March 2018
- Arizona State University College of Health Solutions, Visioning Hub, January 2018
- ASU Training, Webinar: “How to make your videos look great with Camtasia”, 2017
- Webinar: “Instructor Presence engage and connect, 2017
- Building Healthy Lifestyles Conference, Tempe, 2017
- Webinar: “Best Practices for Teaching Online”, 2017
- Arizona State University College of Health Solutions, Core Faculty Workshop, 2017
- Arizona Academy of Nutrition and Dietetics annual conference, 2017
- Arizona State University College of Health Solutions, Fall Research Mixer, 2017
- Webinar: “Healthy People 2020 updates”, 2017
- Arizona State University, Master Class for Online Teaching, 2017
- Arizona State University, Office of Technology Training, 2017
- Arizona State University Nutrition Department, “Writing Across the Curriculum”, 2016
- Arizona State University Nutrition Department, Rose Martin Training, 2016
- Arizona State University Sky Song, Quality Matters Training, 2016
- Building Healthy Lifestyles Conference, Tempe, 2016
- Arizona State University Nutrition Department, Social Media Workshop, 2016
- Webinar “What’s New in the Blackboard Upgrade?”, 2016
- Webinar “Understanding Classroom Facilitation”, 2016
- Arizona Academy of Nutrition and Dietetics annual meeting, 2016
- Arizona State University Nutrition Department, Workshops with Carol Johnston: mentoring masters and honors students, submitting IRB, 2016
- Annual dietetic preceptor meeting, 2016
- Webinar “Course Enhancements”, 2016
- Webinar “The National Nutrition Research Roadmap”, 2016
- Webinar, “Assessment Techniques to avoid overload in grading”, 2015
- Webinar, “New ways to implement ‘fieldtrips’ with online resources, 2015
- Tutorials for Turning Point Clickers and how to incorporate them into the course, 2015
- Dairy Council Targeting Trends Conference: “A Dish of Sustainability”, 2015
- Building Healthy Lifestyles Conference, Tempe, 2015
- “A Place at the Table” film viewing and panel discussion, 2015
- Food for Thought event “Does Soul Food Need a Warning Label”, 2015
- Arizona State University, How to complete the Annual Performance Review, 2015
- Planning member of “The Place at the Table” college film event, 2015

Current Classes Taught at the University Level

- **NTR448/548: Community Nutrition**
 - Years taught: 5

- Semesters taught: Spring 2015, Fall 2015, Spring 2016, Fall 2016, Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019
- **NTR593: Applied Project Part A**
 - Years taught: 2
 - Semesters taught: Spring 2018, Summer 2018, Fall 2018, Spring 2019, Summer 2019, Fall 2019
- **NTR493: Honors Thesis**
 - Years taught: 2
 - Semesters taught: Spring 2018, Spring 2019, Fall 2019
- **NTR320: History of Human Nutrition**
 - Years taught: 1
 - Semesters taught: Summer 2019
- **NTR355: Eating for Lifelong Health**
 - Years taught: 1
 - Semesters taught: Summer 2019
- **NTR290: Introduction to Evidence Based Practice**
 - Years taught: 3
 - Semesters taught: Spring 2016, Summer 2016, Fall 2016, Spring 2017, Summer 2017, Fall 2017, Spring 2018, Summer 2018, Fall 2018, Spring 2019
- **NTR241: Human Nutrition**
 - Years taught: 4
 - Semesters taught: Fall 2014, Spring 2015, Summer 2015, Fall 2015, Summer 2016, Summer 2018
- **NTR351 Nutrition and Health Communication**
 - Years taught: 2
 - Semesters taught: Summer 2016, Summer 2017
- **CHS101: The ASU Experience**
 - Years taught: 1
 - Semesters taught: Fall 2016
- **NTR100: Introductory Nutrition**
 - Years taught: 2
 - Semesters taught: Fall 2014, Spring 2015, Fall 2015
- **NTR401: Field Experience Food and Nutrition**
 - Years taught: 1
 - Semesters taught: Spring 2015, Fall 2015

Classes Developed and Taught at the University Level (online and hybrid)

- **NTR593: Applied Project Part A (developed for Spring 2018)**
 - Development: This course was developed from scratch to guide online master's students through their applied project. I met many times with the graduate curriculum committee members to plan out the flow of the course. The Blackboard shell and weekly materials were developed to guide students as they write chapters one through three of their applied project (taking the place of a thesis).
- **NTR290: Introduction to Evidence Based Practice (developed for Spring 2016)**
 - Development: This was a new class to the NTR program that began in Spring 2016. It previously existed for KIN so the materials from KIN290 were utilized to create the NTR version so the course would be similar for cross-listing purposes. The KIN290 course was set up as an all in-person course that met once a week, so this was modified to become a hybrid course and an online course for the NTR version. This took a lot of reworking of the materials, recording all new lectures and modifying the current lectures to be nutrition appropriate. Assignments were modified and quizzes were created. Also worked with the ASU writing center and met with them several times to get support and materials for literature reviews and outlines. Worked with the Health Science librarian to create a library guide for the course.
- **NTR401: Field Experience Food and Nutrition (developed for Spring 2015)**
 - Development: This course originally was in person, then went to a hybrid course, then to a purely online semester A course. Rick Hall provided me with materials to get started, but I created the Blackboard shell from scratch completely redesigning the course. New

online projects were designed to help the student come away with tangible tools that they could use in the future job hunting. They created a 30-second commercial selling themselves to a future employer, modified their resume and modified all their social media sites that future employers could look at (Facebook, Linked In etc.) among other projects. They created a full Linked In profile, adding projects that they created during their time in the program to the portfolio so they would have a digital portfolio that employers could look at.

Classes Re-Designed and Taught at the University Level (online and hybrid)

- **NTR448/548, Community Nutrition**

- Re-Design Fall 2019:

- Modified exam 1 to be all short answer to better evaluate students learning. Previous exams included all multiple choice questions from previous quizzes.
 - Replaced an exam with a viral video assignment in which students had to create a video to speak to their assigned population on a particular health concern for their population which tested the student's creativity.
 - Modified all rubrics for assignments to more clearly assess the students progress.
 - Added a guest speaker to discuss the grant writing process in the community setting which is an important skill for students going into the field.

- Re-Design Spring 2018: Created a nutrition education assignment in which the students come up with a lesson plan based on an area of need, for a specific population in need, determined from a literature review search and review of Healthy People 2020 goals and objectives as well as a community asset map. The students present their lesson at the end of the semester in a 15-minute session. This is one of the few chances students have to practice their skills in developing and providing nutrition education to a group. The students in the class enjoyed participating in these lessons, and it was a great chance for the students to practice their skills.

Organized class group session at Feed My Starving Children.

Introduced new guest speakers including one from the Farm Express Bus discussing policies around starting the bus and food deserts, and the director of the Association of Arizona Food Banks discussing policies and the farm bill.

Worked with the students at Jackson 209 and developed a formalized partnership with them through Jennifer Jarvis. Jackson 209 is part of Arizona Housing and provides safe housing for those that may not otherwise have access. I started a "Cooking with Cans" weekly cooking class on Saturdays to teach the residents how to use just canned foods and still eat healthy and nutritious meals. Several students joined me each week then continued the classes on their own without me.

- Re-Design Fall 2017, new textbook: due to student confusion in previous semesters and feeling like the students rarely looked at the textbook, I changed textbooks for the Fall 2017 semester and completely reworked the course. Each of the 16 weeks of the course required new objectives, new 20 question quizzes and new assignments.

I decided to include some outside of the classroom nutrition education for the community which took some major coordination. I reached out to the Fresh Express Bus and coordinated with them to have the students do nutrition education at the various bus stops for the populations that came to each bus stop. This created 30 bus stops that I went to as well to assist the students and see them in action with the community. Along with that, the students did a site analysis of the zip code of their bus stop, created a nutrition education lesson plan after seeing what the nutrition concerns were with their population, and created a grant proposal for their specific population. Seeing the students in the community was really rewarding for me and for them as just thinking about how it would be while sitting in the classroom has never led to great ideas in the past semesters. Having them in the community made for some great projects and really helped them see the struggles that people have while trying to consume "healthy" foods. For educational materials at each site, I borrowed fruit and vegetable costumes from Chandler School District, ordered materials and handouts through the Arizona Department of Health Services, and the Arizona Dairy Council. I also added two additional guest speaker days for public policy and epidemiology in addition to the current speakers from WIC and local districts.

I added two tests as the course never had tests as I felt that those helped the students

commit some facts to memory (at least temporarily). In previous semesters, I didn't feel as if the students had a good handle on the information so hopefully these changes will help. Due to these changes, and challenging assignments (lesson plan and grant proposal), my scores went down slightly, but these assignments will continue to be reworked based on the feedback I have received.

- **NTR290, Introduction to Evidence-Based Practice**

- Re-Design Spring 2019:
 - With the move to Canvas, I developed a new Dev Shell that included materials for all versions of the course including C session hybrid, icourse and online A/B session.
 - I taught three new faculty how to facilitate the course and provided them all the materials they needed and assisted them throughout the semester.
 - Added a new assignment with a chart for students to fill in similar to a systematic review with key details on each research paper in order to help them easier cross-compare their primary research studies.
- Re-Design minor changes for Spring and Fall 2018: Modified all assignments slightly based on previous semesters confusion. RefWorks was a requirement for the class and since ASU will no longer provide free subscriptions, that portion of the class was removed. As the course lead for the course, provided instruction to other instructors and faculty associates throughout the semester for updates and changes to the course.
- Re-design Spring 2017: Created more in-class assignments, so the course gradually had less in-person lecture, and more in-class group work as all lectures were recorded and available in Blackboard. I went to the Top Hat training and incorporated Top Hat into my course in the Spring 2017 as well as had calls with the Top Hat representative throughout the semester. The Top Hat added a fun tech piece to class in which students could interact using whatever device they had (computer or phone), but due to small class sizes, I felt like students would participate in class without the use of the technology which they had to pay for, so I discontinued the use in Fall 2017. Each week, I created a new in-class worksheet to address the skill that I had seen previous classes had been challenged by.

Over the summer, I re-recorded all the lectures at the One-Touch Studio at the ASU Tempe Campus and then again using Camtasia Relay at home to fix a few recording issues.

I added more guest speakers to the class by inviting tenure-track faculty to discuss their current research. This got more students involved in research as many contacted the faculty to work in their labs and it helped them see study design in action as we discuss different types of studies.

Over the summer, when I taught it again, a major re-design occurred to prepare it for the Core and for three other professors to teach the course.

- All objectives were rewritten per Blooms Taxonomy.
- Assignments and quizzes were reworked to match the changes.
- I worked with Yuna throughout the summer to get the course Core ready. Over the summer I had several phone calls with Yuna to prepare.
- I prepared the course for the others teaching the course to teach it online (7.5 weeks), even though I was teaching the 16-week version myself.
- In the Fall of 2017, I completed all the paperwork for the Core which was quite extensive, and the course was one of two NTR courses accepted for the Core (out of the four that applied).

In the Fall 2017, I also switched up the guest speakers and had registered dietitians and physical therapists (for the KIN students in class) speak about how they use evidence-based research in their day-to-day practice.

- **NTR593 Applied Project Part 1**

- Re-Design Spring 2019:
 - With the move to Canvas, the course needed to be revamped and assignments recreated.
 - A new section on Systematic Reviews was added as more students choose to do that option instead of an experimental study.
 - Tools and references on completing a systematic review were added to each module.

Master's Thesis Committee Memberships

- Adriana Alvarado, Committee Member, Masters of Science in Nutrition, Title TDB, in progress
- Tabatha Stevens, Director, Master of Science in Nutrition, Title TDB, in progress
- Anna Horn, Committee Member, Master of Science in Nutrition, Early Nutrition Intervention for Head, Neck and GI Canvas Patients in the Outpatient Setting, Fall 2019
- Sarah Gilbert, Committee Member, Master of Science in Nutrition, The Effects of High vs. Low Protein Intake on Renal Biochemical Markers in Chronic Kidney Disease Patients, Fall 2019
- Savannah Regensbruger, Committee Member, Master of Science in Nutrition, Intermittent Fasting as an Effective Treatment for Metabolic Improvement in Overweight and Obese Postmenopausal Women: A Systematic Review
- Ashley Haluck, Committee Member, Master of Science in Nutrition, Does Consistent Use of Dietary and Activity Trackers Yield Desirable Weight Loss Outcomes, Summer 2019
- Megan Williams, Committee Member, Master of Science in Nutrition, Finding Commonalities Among Inactive WIC Enrollees in Order to Provide Suggestions for Outreach and Retention, Summer 2019
- Jennie Reed, Committee Member, Master of Science in Nutrition, Efficacy of a Corporate Wellness Program after 5 years of Nutrition Education, Summer 2019
- Jessica Moosebruger, Committee Member, Master of Science in Nutrition, Enhanced Recovery After Surgery in the Orthopedic Population, Summer 2019
- Danielle Devens, Committee Member, Master of Science in Nutrition, Irritable Bowel Syndrome Management with Daily Probiotic Supplementation, Spring 2019
- Drew Windish, Committee Member, Master of Science in Nutrition, Critical Care Enteral Nutrition: Volume Based Feeding Compared to Traditional Rate-Based Feeding Increases Total Calories and Protein Delivered, Spring 2019
- Gabrielle Ciulla, Committee Member, Master of Science in Nutrition, The Portfolio Diet May Aid in Lowering Total and LDL Cholesterol in Adults with Familial Hypercholesterolemia Who Are Currently Being Treated With A Statin or Other Lipid-Lowering Therapy, Spring 2019
- Ethan Groff, Committee Member, Master of Science in Nutrition, The Effect of Nutrition on Lymphedema, Spring 2019
- Kelli Reese, Committee Member, Master of Science in Nutrition, Use of Nutritional Supplements and Nutrition and Supplement Related Knowledge at a Division I University, Spring 2019
- Annabel Huber, Committee Member, Master of Science in Nutrition, The Efficacy of a Phosphorus-Focused Food Frequency Questionnaire Among A Hemodialysis Population, Spring 2019
- Nicole Pierce, Committee Member, Master of Science in Nutrition, Improving Accuracy of NTR-2002 Administration, Spring 2019
- Lisa Gonzalez, Committee Member, Masters of Science Nutrition, Reduction of Visceral Fat in Response to Consumption of Red Wine Vinegar, completed Fall 2018
- Hannah Jehring, Committee Member, Masters of Science in Nutrition, Nutrition Labeling Influence on Food Choice Among Healthy Adults: A systematic review, completed Fall 2018
- Cathlynn Levin, Committee Member, Masters of Science in Nutrition, Malnutrition in the Hospital Setting, Implementation of the Malnutrition Status Row Increases Documentation of Moderate and Severe Malnutrition in Providers' Notes, completed Fall 2018
- Marah Rankins, Committee Member, Masters of Science in Nutrition, Protein-Based Educational Toolkit Improves Identification of Protein Sources in HD Patients >65 years of age Residing in Long Term Care and Sub-Acute Rehabilitation Facilities, completed Fall 2018
- Jessica Satter, Committee Member, Masters of Science in Nutrition, Effects of Social Support Through Group Classes on Bariatric Patient Retention at AM Nutrition Services, completed Fall 2018
- Carly Sopko, Committee Member, Masters of Science in Nutrition, The Impact of Dietitian-Led Cooking Classes on Picky Eating Behaviors in Children Ages 3-12: A Quasi-Experimental Post-Survey Study, completed Fall 2018
- Colleen Thomas, Committee Member, Masters of Science in Nutrition, Retention Rates in a Four Step Nutrition Program for Pre-Bariatric Patients, completed Fall 2018
- Alicia Work, Committee Member, Masters of Science in Nutrition, Young Adolescent Food Preparation: Participation Improves Consumption of Healthy Foods Compared to Peers Who do not Participate in Food Preparation, completed Spring 2018

- Ryan Cengel, Committee Member, Masters of Science in Nutrition, Does Offering Breakfast in the Classroom Instead of in the Cafeteria Increase Participation Rates, and Take Rates of Breakfast, Fruit, Whole Grains, and Milk Among High School Students in Title I Public Schools? Completed Summer 2017

Honor Thesis Committee Memberships

- Jillian Ashby, Committee Member, Honors College Thesis, Exploring the Effect of Diet and Nutrition on PCOS-related hormones and symptoms, 2019-present
- Megan Anderson, Director, Honors College Thesis, Mental Impact of Weight Loss Camps on Children, 2019-present
- Dahlia Stott, Committee Member, Honors College Thesis, School Lunch Study and Data Collection, 2019
- Kamrie Ickes and Grace Meredith, Committee Member, Honors College Thesis, Freshmen 15, 2019
- Gennieve Damasco, Director, Honors College Thesis, Title TDB, in progress, dropped 2019
- Gidette Zwinger, Committee Member, Honors College Thesis, ASU Student Attitudes and Beliefs of the Vegan Diet, completed Fall 2018
- Michael Bejarano, Director, Honors College Thesis, FitPhx Nutrition Book, completed Spring 2018
- Annie Curtin, Committee Member, Honors College Thesis, Comparison of Nutrition Resources Available to Non-Athlete Students at Pac-12 Schools, completed Spring 2018
- Rebecca Bender, Committee Member, Honors College Thesis, Trying to Keep Up: Energy Drink and Coffee Consumption, Student Involvement, and Sleep Among Diverse College Freshmen, completed Spring 2018
- Bronwyn Hazelwood, Committee Member, Honors College Thesis, Cooking in College, completed Spring 2017
- Kara Robertson, Committee Member, Honors College Thesis, Lessons Learned from the Halle Heart Museum, completed Spring 2017
- Kendra Swanson, Committee Member, Honors College Thesis, Unhealthy Weight Control Behaviors in relation to the Social Cognitive Theory and Time Spent Eating, completed Spring 2016
- Mallory Usugi, Committee Member, Honors College Thesis, Compare U.S. school lunches to those in other countries. Why are there so many differences? Completed Spring 2016

Student Mentoring

- Brogan Taylor, Undergraduate Honors Project, NTR448, developed questions and interviewed Adrienne Udarbe, Spring 2019
- Molly Jepson, opportunities in community nutrition, 2019-present
- Paniz Jasbi, graduate project in NTR 548 Community Nutrition, Marketing in Community Nutrition, Fall 2019
- Jennifer Marziali, navigating the nutrition programs, October 2019
- Dahlia Stott, SNAP and other community programs, noted as most influential professor, <https://asunow.asu.edu/20191227-asu-grad-decided-study-nutrition-after-her-mom's-illness> , Fall 2019
- Nicole Mathurin, Dietetic Application process, Fall 2019
- Mirela Ananieva, Undergraduate Honors Project, NTR448, developed questions and interviewed Sharon Sass at AZDHS, Fall 2018
- Lauren Tonn, Undergraduate Honors Project, NTR290, developed questions and interviewed a local doctor on how he uses research in his day-to-day practice, Fall 2018
- Whitney Taylor, mentor, Fall 2018
- Hannah Matson, Undergraduate Honors Project, NTR290, developed questions and interviewed a local researcher on how he uses research in his day-to-day practice, Spring 2018
- Gabrielle Lucas, mentor to assist her through the dietetic internship process, Spring 2018
- Rebecca Bender, Undergraduate Honors Project NTR448, made a video and interviewed the creator of Growhouse, Spring 2017
- Sarah Meyers, Undergraduate Honor Project, NTR448, made a video and interviewed John Waldmann from Kitchen on the Street, Spring 2017
- Anne Curtin, Undergraduate Honor Project, NTR448, made a video and interviewed Maria Silva from St. Vincent de Paul who leads the nutrition component, Spring 2017
- Emily Potter, mentor to assist her through the dietetic internship process, 2016-2017

- Courtney Marsh, Undergraduate Honors Project, NTR448, create nutrition education materials for Head Start, Fall 2016
- Raevyn Xavier, Undergraduate Honors Project, NTR290, Interview someone currently doing research and create a video including questions from topics covered in the course, Fall 2016
- Natasha Feise, Undergraduate Honors Project, NTR290, Interview someone currently doing research and create a video including questions from topics covered in the course, Fall 2016
- Madison Dehaven, Undergraduate Honors Project, NTR290, Interview someone currently doing research and create a video including questions from topics covered in the course, Fall 2016
- Rachele Novy, Undergraduate Honors Project, NTR290, Interview someone currently doing research and create a video including questions from topics covered in the course, Spring 2016
- Nia Buckner, Undergraduate Honors Project, NTR100, Create a visually pleasing one-page brochure discussing the differences between the Paleo, Mediterranean, and Atkins diets, Fall 2015
- Richelle Heinauer Undergraduate Honors Project, NTR100, Healthy People 2020 project, Fall 2015
- Brianna Farrier Undergraduate Honors Project, NTR241, research bulletin about healthy eating on campus, Fall 2015
- Jacqueline Remackel, Undergraduate Honors Project, NTR241, make an ideal diet that meets the requirements for macro and micronutrients, Fall 2015
- Jordan Peterson, Undergraduate Honors Project, NTR241, write a paper on how the environment affects our eating habits, Fall 2015
- Kaitlyn Felix, Undergraduate Honors Project, NTR241, brochure on healthy ways to cut weight for sports such as football, MMA, wrestling, Fall 2015
- Kylie Chandler, Undergraduate Honors Project, NTR241, handout for prospective mothers Fall 2015
- Michael Gaines, Undergraduate Honors Project, NTR241, handout on healthy ways to gain weight, Spring 2015
- Steffani Carrera, Undergraduate Honors Project, NTR241, brochure for vegans eating on the Tempe campus, Spring 2015
- Caroline Stosz, Undergraduate Honors Project, NTR241, brochure with pictures of healthy serving sizes, Spring 2015
- Emily Glynn, Undergraduate Honors Project, NTR401, create a taste blog while completing fieldwork hours, Spring 2015

Peer Mentoring

- Work with Teresa Hart on NTR 593 Applied Project Part 1 (McCoy) and Part 2 (Hart) on adding micro credentials through the Learning Innovations group, December 2019-present
- Assisted all nutrition faculty in updating current course catalog descriptions, Fall 2019
- Working with Zachary Stover (new K-12 and summer outreach coordinator) on K-12 outreach for my course and other courses and discussing summer opportunities, Fall 2019-present
- Worked with Jordan Miller in reviewing the Experiential Learning Affinity Network application, Fall 2019
- Added material to Healthy Lifestyle Coaching Degree learning outcomes for Karen Gregory Mercado, Fall 2019
- Developed a training zoom session with Yuna, “Developing and Submitting A New Program Plan”, to be posted on the intranet for other faculty going through the process, Fall 2019
- Mentored Dorothy Sears, Robin DeWeese in NTR 290 Introduction to Evidence Based Research and assisted throughout the semester, Fall 2019
- Mentored by Colleen Cordes during my annual review meeting and throughout NTE Faculty Meetings, 2019-present
- Mentored by Kristin Hoffner as my assigned peer mentor, Fall 2019-present
- Worked with Jennifer Jarvis and Carrie Robinson on internship opportunities for Megan Kniskern course, NTR 401 Preprof Prep in Nutrition, 2019
- Mentored by Christina Scribner to teach NTR 355 Eating for Lifelong Health, Summer 2019
- Co-created Canvas Shell for Nutrition Faculty, created rubrics for Oral, Written and Group Work for faculty to use in their shells, Spring 2019
- Worked with Teresa Hart as we both created our new classes, NTR593 Applied Project Part 1 (Maureen) and 2 (Teresa), Spring 2018-present

- Shared my shell and worked on updates with 3 other staff teaching NTR290, Spring 2017-present
- Simin Levinson reviewed NTR290 course, met with Simin after to review findings and discuss improvements, Spring 2017
- Mentored by Sandra Mayol-Kreiser in preparing for NTR593 course, Fall 2017
- Mentored by Melinda Johnson and offered mentorship to address a grading concern that she had in one of her courses, Spring 2017-Fall 2017
- Mentored by Meg Bruening as she put together a grant proposal for a continuation on breakfast study that we had previously worked together on, Fall 2017
- Worked with Corrie Whisner on a project with the corn board as she needed a registered dietitian to assist, Fall 2017
- Peer-reviewed Sandra Mayol-Kreiser course, Medical Nutrition Therapy II, 2015
- Peer reviewed Dean Chiarelli course, Nutrition in the Life Cycle, 2015
- Tina Shepard peer-reviewed Human Nutrition course, 2015

School/Departmental/Program Services

- Chairperson and Presenter, ATF (AZ Transfer) Annual Meeting with Community Colleges, 2019-present
- Committee member, Food and Thought event, 2019
 - Help identify and communicate with speakers
 - Work with Dairy Council and pick up food prior to event
- Attendee, Graduate Student Orientation, 2019
- Presenter at Pearson, Nutrition Programs Refresh Enrollment Training, 2019
 - Prepared PowerPoint presentation on current BS online nutrition offerings and presented to Pearson Enrollment Coordinators
- Interview Committee Member, ASU Wellness Track Dietetic Internship, 2017- present
 - Interviewed potential dietetic interns over the course of 15 hours
- Committee member, MS/Dietetic Internship selection Committee, 2017-present
 - Attended meetings and reviewed applications for potential Masters/Internship students
- Committee member, MS Nutrition Dietetics Admission Committee, 2019-present
 - Review candidates throughout the year for the ASU Online program
- Committee member, MS Medical Nutrition Admission Committee, 2019-present
 - Review candidates throughout the year for the ASU Online program
- Committee member, Nutrition Scholarship Committee, 2019-present
- Member, Non-Tenure Eligible (NTE) School of Nutrition and Health Promotion Faculty Review Committee, 2018
 - Worked on a subcommittee to specifically focus on 19 faculty reviews and letters. Served as the lead for the last week as the previous lead was out of the country to ensure that all letters were received and sent to the main committee. Composed 4 letters myself and reviewed with the committee.
 - Worked with the committee to evaluate 45 NTE faculty members and their yearly performance and progress towards promotion. Helped compose formal letters with committee comments and recommendations to send to program directors.
- Search committee, tenure track NTR faculty, 2017-2018
 - Attended breakfast meetings with potential candidates
- Member, Dietetic program Accreditation visit, 2018
 - Provided data for the visit and took part in meetings
- Committee member, MS/OBS Selection Committee, 2017
 - Attended meetings and reviewed applications for potential Masters students
- Committee member, Food and Thought Event, 2017
- Committee director, Writing through the Curriculum, 2016
- Committee member, Nutrition Scholarship Committee, 2016
- Committee member, Health Career Expo, 2016
- Committee Member, Food and Thought, 2016

College Services

- Article Reviewer, Ed Plus Vertical Marketing Manager piece for the BS in Nutrition degree, Fall 2019
- Faculty Table Lead, Team Arizona Summit Interprofessional Event, November 2019
- Tabled, CHS Internship Fair, offered opportunities at Maricopa County Head Start, September 2019
- Committee member, Health Policy and Equity Affinity Network, 2019-present
- Lead Committee member, Peer Teaching Evaluation Committee, 2019-present
 - Led the immersion course review process, created a new review rubric and communicated with committee members to develop examples of in-class activities.
 - Worked with 2 other committee members to develop a script for examples of meetings between reviewer and reviewee
 - Recorded videos at the studio as the review and reviewee and was one of the actors
- Phi Upsilon Honor Society faculty volunteer helper
 - Coordinated yearly Phi Upsilon community outreach project
 - Organized garden building at Westside Generational Center (Tempe), 2018
 - Organized garden building at Paiute Community Center (Scottsdale), 2019
- Committee member, Workload Database Workforce, 2019-present
- Committee member, Faculty Associates and Academic Associates Oversight Committee, 2019-present
- Committee member, (on-campus) Space Committee, 2019-present
- Faculty Mentor, Chill and Chat at Taylor Place, each semester, 2019
- Faculty Presenter, Freshmen Orientation, 2019
 - Discussed CHS with incoming students and families including benefits of getting involved in the university
 - Attended 3 sessions
- Interview, Gray and Associates, CHS challenges, 2019
- Member, CHS Grand Challenges Brainstorming Sessions, 2019
- Member, CHS Retreat, “Leading the College to Success”, 2019
- Attendee, all CHS Faculty Forums, 2019
- Attendee, Fall Academic Assembly, 2019
- Attendee, All College Fall Meeting, 2019
- Program Administration, TRANSCEND Program, Maternal and Child Health Training Grant, 2018-2019
- Member, Translational Team, Community Partnerships and Agreements Visioning Committee, 2018
- Member, Success Hub Academic, CORE Advantage, 2018
- Member, CHS Standards and Grievance Committee, 2017-2018
- Media Contact, ASU State Press article on the “Farm Express” and food insecurity, 2018
- College contact, School of Sustainability students doing a project on food insecurity, recorded an interview, 2018
- College contact, Non-Profit Leadership and Management student writing a paper on food access in AZ, did an interview, 2018
- Faculty Mentor, CHS Freshmen Orientation, 2018
 - Attended three sessions and stayed with the students through the registration process
- Attended Barrett Honors Symposium, 2018
- Faculty Mentor, Chill and Chat at Taylor Place, 2018
- Judge, Kitchen Wars event, 2018
 - Event for community college recruitment
- Member, CHS Career Expo Planning Committee, 2017
- Cooking Segment, CHS Website, 2017
- Instructor, CHS 101, “How to Volunteer”, Fall 2016
 - I developed curriculum and taught five class sessions (during the fall 2016 semester) to a group of freshmen in the College of Health Solutions.

University Services

- Lead Faculty Advisor, Pitchfork Pantry, 2018-present
 - Worked with student leaders to establish a new relationship with Matthews Crossing Food Bank and picked up food bi-weekly and delivered to Tempe and Downtown Campus, 2019-present
 - Met with House of Refuge at the Polytech campus to discuss opportunities there as they currently provide food to ASU students
 - Hired and oversee 2 student employees who run the Tempe and Downtown campus locations, 2019-present
 - Met with St. Mary's food bank to start relationship between food banks, 2019-present
 - Higher Education Food Bank Coalition group started with ASU, community colleges and AZ Food Bank Network, 2019-present
 - Worked with Campus Kitchens, a national organization, to get the program started at ASU, 2019
 - Led monthly meetings with food security group with members and students across the university
 - Met with HEALab Maintenance crew over the summer to discuss space logistics
- University Senate member, 2019-present
 - Chosen to be a member of Student and Faculty Policy senate subcommittee
- Committee member, University Undergraduate Standards Committee, 2019-present
- Obama Scholar Mentor, 2017
- Attended Senate meeting on behalf of senate member unable to attend, 2017

Professional Community Services

- Preceptor for community rotation, dietetic interns in Arizona State Dietetic Internship, Maricopa County Public Health Dietetic Internship and Distance Internships, 2010-present
 - Mentor around 20 interns each year for a 1-week community rotation
- JO Combs School District, Wellness Committee Member, 2019-present
 - Attend quarterly meetings and develop staff wellness activities
- Maricopa County Department of Public Health, meeting to choose future Maricopa County Dietetic Interns, March 2019
- Kitchen on the Street and Central Academy of Nutrition and Dietetics event, packing backpacks for hungry children, March 2019
- Jackson 209 Housing Complex (Arizona Housing Association), Cooking demonstrations for low-income adults and involved ASU Community Nutrition students, 2018-present
- Jackson 209 Housing Complex, Collins Court, Eating on a Budget with ASU students, 2019
- Feed My Starving Children, organized ASU student group to attend with me, 2018
- Maricopa County Head Start, Family Fun Day, Mesa Riverview Park, organized a group of ASU community nutrition students to come and give nutrition education lessons, 2017
- Farm Express Bus, organized ASU Nutrition Students to go to bus stops and provide nutrition education at the stops, 2017

Professional Recognition

- Sun Award, acknowledging stellar radio interview, 2019
- Sun Award, acknowledging customer satisfaction, fostering cooperation and excellent performance, 2019
- Sun Award, acknowledging excellent performance, 2019
- Sun Award, acknowledging promoting ASU, 2019
- Sun Award, acknowledging commitment and service to Barrett Honors students, 2015-present
- Barrett Honor College, Honors Disciplinary Faculty, 2015-present
- Preceptor of the Year, Arizona State University and Maricopa County Interns, 2014
- Maricopa County Employee of the Year, 2012

Grants

- Share our Strength, Cooking Matters 6-week Cooking Class, \$1500, 2017-2018
- Empower Plus, \$5000, Arizona Department of Health Services, 2014
- Share our Strength, Cooking Matters 6-week cooking class, \$1500, 2014
- Share our Strength, Shopping Matters Mini Grant, \$1000, 2012-2013
- Kids Eat Right, Breakfast Tool-Kit, \$200, 2012

Publications

- Bruening M, Afuso K, Mason M. Associations of Eating Two Breakfasts With Childhood Overweight Status, Sociodemographics, and Parental Factors Among Preschool Students. *Health Education and Behavior*. 2016;43(6): 665-673.
- Manore, Melinda M. PhD, RD, FACSM; Mason, Maureen MS, RD; Skoog, Ingrid MS, RD. Nutritionist's View: Applying the Concepts of Glycemic Index and Glycemic Load to Active Individuals. *ACSM's Health and Fitness Journal*. 2004;8(5):21-23.

Abstracts and Research Presentations

- Mason M, Woolf K, Beaird LC, Reese C, Vaughan LA. Traditional and non-traditional dietary supplement use in women throughout the adult life cycle. *FASEB Journal*. 2005;19(4): A113.
- Beaird L, Woolf K, Mason M, Reese C, Vaughan LA, Salbe A. Psychological correlates of eating behaviors between active and sedentary women throughout the adult life cycle. *FASEB Journal*. 2005;19(4):A1192.
- Woolf K, Mason M, Reese C, Beaird LC, Vaughan LA. Bone mineral density in active and sedentary women throughout the adult life cycle. *FASEB Journal*. 2005;19(4):A178.
- Reese C, Woolf C, Mason M, Beaird LC, Vaughan LA, Tudor-Locke C. Chronic disease risk factors throughout the life cycle of active and sedentary women. *FASEB Journal*. 2005;19(4):A281.