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Work History

08/11 - Arizona State University, School of Nutrition and Health Promotion
Assistant Professor, Nutrition

Education

09/08 – 08/11 Stanford University, Stanford Prevention Research Center
Postdoctoral Research Fellow
Primary Mentor: Abby King
Secondary Mentors: Thomas Robinson, William Haskell

07/07 - 06/08 VA Maryland Health Care System/University of Maryland, Baltimore
Psychology Internship Consortium
Clinical Health Psychology Intern
Supervisors: Stephen Bono, W. Clint McSherry, Lorrie Morris

10/04 - 10/08 Rutgers – The State University of New Jersey
PhD, Clinical Health Psychology
“Symptoms as a moderator of the relationship between beliefs and behaviors among patients undergoing coronary artery bypass surgery.”
Advisor: Richard J. Contrada

09/02 - 10/04 Rutgers – The State University of New Jersey
MS, Psychology
“Depressive symptoms and perceived social support in myocardial infarction patients: Associations with markers for inflammatory activity.”
Advisor: Richard J. Contrada

09/98 - 05/02 The State University of New York at Albany
BA, Summa cum Laude, Psychology
Minors: Biology, Education, Music

Research Interests

My research program focuses on how technology and context can be utilized and harnessed to promote healthful living (e.g., physical activity & healthful eating). I'm particularly interested in using interventions as experimental tests of theories along with exploring new methods and technologies (e.g., smartphones, cloud computing) for speeding up behavioral science.

Peer-Reviewed Publications

- Hekler, E.B.**, Buman, M.P., Dunton, G., Atienza, A., & King, A.C. (in press) Are daily fluctuations in perceived environment associated with walking? *Psychology and Health*.
- Buman, M.P., Winter, S.J., Baker, C., **Hekler, E.B.**, Otten, J.J., King, A.C. (in press) Neighborhood eating and activity advocacy teams (NEAAT): Engaging older adults in policy activities to improve built environments for health. *Translational Behavioral Medicine*.
- Hekler, E.B.**, Castro, C.M., Buman, M.P., King, A.C. (in press). The choice study: A “taste-test” of utilitarian vs. leisure walking in older adults. *Health Psychology*.
- Otten, J.J., **Hekler, E.B.**, Krukowski, R.A., Gardner, C.D., King, A.C. (in press). Food marketing to children through toys: Response of fast food restaurants to the first U.S. toy ordinance. *American Journal of Preventive Medicine*.
- Buman, M. P., **Hekler, E. B.**, Bliwise, D. L., & King, A. C. (in press). Moderators and Mediators of Exercise-Induced Objective Sleep Improvements in Midlife and Older Adults with Sleep Complaints. *Health Psychology*.
- Hekler, E.B.**, Buman, M.P., Haskell, W.L., Conway, T.L., Cain, K.L., Sallis, J.F., Saelens, B.E., Frank, L.D., Kerr, J. King, A.C. (in press). Validity of CHAMPS Sedentary to Vigorous Physical Activity in Older Adults. *Journal of Physical Activity and Health*.
- Buman, M. P., **Hekler, E.B.**, Haskell, W. L., Pruitt, L., Conway, T.L., Cain, K. L., Sallis, J.F., Saelens, B.E., Frank, L.D., King, A.C. (in press). Objective Light Intensity Physical Activity Associations with Health in Older Adults. *American Journal of Epidemiology*.
- Buman, M.P., **Hekler, E.B.**, Bliwise, D., King, A.C. (in press). Exercise Effects on Night-to-Night Fluctuations in Self-rated sleep among Older Adults with Sleep Complaints. *Journal of Sleep Research*.
- Hekler, E.B.**, Gardner, C.D., Robinson, T.N. (2010) Effects of a Course about Food and Society on College Students’ Eating Behaviors. *American Journal of Preventive Medicine*. 38, 543-547.
- Behar, E., DiMarco-Dibrow, I., **Hekler, E.B.**, Mohlman, J., & Staples, A. M. (2009) Current Theoretical Models of Generalized Anxiety Disorder (GAD): Conceptual Review and Treatment Implications. *Journal of Anxiety Disorders*, 23, 1011-1023. **[NOTE: Authors contributed equally and are listed in alphabetical order: Hekler, E.B. was corresponding author].**
- Contrada, R.J., Boulifard, D.A., **Hekler, E.B.**, Idler, E.L., Goyal, T.M., Labouvie, E.W., Krause, T.J. (2008). Effects of psychosocial factors on short-term biomedical outcomes of heart surgery. *Health Psychology*, 27, 309-319.
- Mohlman, J., Cedeno, L.A. Price, R.B., **Hekler, E.B.**, Yan, G.W. & Fishman, D.B. (2008) Deconstructing Demons – The Case of Geoffrey. *Pragmatic Case Studies in Psychotherapy*. 4(3) 1-39.
- Hekler, E.B.**, Lambert, J.F., Leventhal, E., Leventhal, H., Jahn, E., Contrada, R.J..(2008) Commonsense Illness Beliefs, Coping Behaviors and Hypertension among African Americans. *Journal of Behavioral Medicine*, 31, 391-400.

Hekler, E.B., Rubenstein, J., Coups, E.J., Gilligan, S., Steiner, M.J., Krause, T.J., et al. (2007). Inflammatory markers in acute myocardial infarction patients: prospective associations with depressive symptoms. *Journal of Applied Biobehavioral Research*, 12, 65-81.

Peer-Reviewed Publications Included As Part Of Conference Proceedings

Hekler, E.B., King, A.C., Banerjee, B., Robinson, T. Alonso, M., Cirimele, J., Buman, M.P., Chen, F.X. (2011, May). A case study of BSUED: Behavioral science-informed user experience design. *Published & Presented via the Personal Informatics & HCI: Design, Theory & Social Implications Workshop, at the ACM-CHI Conference*. Vancouver, BC, Canada.
<http://personalinformatics.org/chi2011/hekler>

Chen, F., **Hekler, E.B.**, Hu, J., Shen, L., Zhao, C. (2011, March). Designing for context-sensitive self-monitoring, feedback, and engagement. *Published and presented as part of the proceedings of annual meeting of the Association for Computing Machinery's Computer Supported Cooperative Work Conference*. Hangzhou, China.
<http://portal.acm.org/citation.cfm?id=1958927>, DOI: [10.1145/1958824.1958927](https://doi.org/10.1145/1958824.1958927)

Peer-reviewed Book-Chapters And Invited Paper Responses

Norman, G.J., Kolodziejczyk, J., **Hekler, E.B.**, Ramirez, E.R., (in press). Methods for Delivering Physical Activity Messages. In Nigg, C.R. (Ed), *ACSM's Behavioral Aspects of Exercise*. Philadelphia, PA: Lippincott Williams & Wilkins Publishers.

Brassington, G.S., **Hekler, E.B.**, Cohen, Z., & King, A.C. (in press). Health Enhancing Physical Activity. In T.A. Revenson & A. Baum (Eds.), *Handbook of Health Psychology*. Mahwah, New Jersey: Lawrence Erlbaum Associates Publishers.

King, A.C., Buman, M.P., & **Hekler, E. B.** (2010) Physical Activity Strategies in Populations. In: Green, L. Kahan, S., Gielen, A., & Fagan, P. (eds), *Health Behavior Change in Populations: The State of the Evidence and Roles for Key Stakeholders*. **NOTE: Drs. Buman and Hekler contributed equally to this chapter, with the order of co-authorship listed alphabetically.**

Hackman, A. **Hekler, E.B.**, & Dixon, L. (2010). Health Promotion and Prevention of Somatic Disease in Psychiatric Settings. In Compton, M.T. (Ed), *Clinical manual of prevention principles in mental health care*. Arlington, VA: American Psychiatric Pub. Inc.

Mohlman, J., Cedeno, L.A. Price, R.B., **Hekler, E.B.**, Yan, G.W. & Fishman, D.B. (2008) Balancing between empirically-supported methods and individualized treatment design in the case of Geoffrey. *Pragmatic Case Studies in Psychotherapy*. 4(3), 70-82.

Manuscripts Submitted For Publication

McClain A.D., Otten J., **Hekler E.B.**, Gardner C. (2011) Insulin Resistant Overweight Women are Less Successful Adhering to a Low Fat vs. a Low Carbohydrate Weight Loss Diet. *American Journal of Clinical Nutrition*, *Manuscript submitted for publication*.

Hekler, E.B., Wilder, K.S., Leventhal, E. Scholz, P.M., Leventhal, H. Contrada, R.J. (2010). Commonsense Beliefs: Prospective Predictors of Secondary Preventive Behaviors following Coronary Artery Bypass Surgery. *Manuscript submitted for publication*.

Manuscripts In Preparation

Hekler, E.B., Buman, M.P., Otten, J., Castro, C.M., Ahn, D. Marcus, B., Friedman, R., King, A.C. (2011). Who responds better to a computer-delivered vs. human-delivered physical activity intervention? *Manuscript in preparation.*

Invited Presentations

Hekler, E. B. (2010, November 15) *How can we use technology to improve health and test behavior change theories?* Invited presentation at the University of South Carolina's Arnold School of Public Health.

Published Abstracts And Conference Presentations

Hekler, E.B., Grieco, L., Winter, S., Buman, M.P., Banny Banerjee, B. Cirimele, J., Robinson, T. Mezas, E., Chen, F.X., King, A.C., (2012, April). *Preliminary results from a pilot evaluation of a commercially available diet-tracking application.* Poster presented at the annual meeting of the Society of Behavioral Medicine. New Orleans, LA.

Hekler, E.B., Chen, F.X., Shapiro, S., King, A.C., (2012, April). *Comparison of custom smartphone applications versus commercially available options for testing mechanisms of behavior change.* Section of a Symposium presented at the annual meeting of the Society of Behavioral Medicine entitled, *Using Real-Time Mobile Phone Technologies in Physical Activity and Eating Behavior Research.* New Orleans, LA.

McClain AD, **Hekler E,B.,** Cabrera B. (2012, April). *Changing Eating Behavior in Dining Halls Using an Iterative Design Process.* Poster presented at the annual meeting of the Society for Behavioral Medicine, New Orleans, LA.

Winter, S.J., **Hekler, E.B.,** Grieco, L.A., Chen F., Pollitt, S., Youngman, K., King, A., C. (2012, April). *Teaching Old Dogs New Tricks: Perceptions of Smartphone-Naïve midlife and older adults on Using Smartphones to Improve Health Behaviors.* Poster presented at the 33rd annual meeting of the Society of Behavioral Medicine. New Orleans, LA.

Hekler, E.B. (2011, May-June) Chair, *Physical Activity Interventions for Adults Session*, American College of Sports Medicine/Exercise is Medicine Congress, Denver, CO.

Hekler, E.B., Buman, M.P., Otten, J., Castro, C.M., Ahn, D. Marcus, B., Friedman, R., King, A.C. (2011, April). *Who responds better to a computer-delivered vs. human-delivered physical activity intervention?* Paper presented at the annual meeting of the Society of Behavioral Medicine. Washington, DC.

Hekler, E.B., Buman, M., Haskell, W., Rosenberger, M., King, A.C. (2010, November). *Validity of Android-Based Mobile Phones as Assessment Devices of Physical Activity.* Poster session presented at the 2010 Health Summit. Washington, DC.

Hekler, E.B., Buman, M.P., Dunton, G., Atienza, A.A., King, A.C. (2010, April). *Are daily fluctuations in perceived environment associated with walking?* Poster session presented at the annual meeting of the Society of Behavioral Medicine. Seattle, WA.

Hekler, E.B., Buman, M.P., Castro, C.M., Prosak, C. King, A.C. (2010, April). *The choice study: A "taste-test" of utilitarian vs. leisure walking in older adults.* Poster session presented at the annual meeting of the Society of Behavioral Medicine. Seattle, WA.

- King, A.C., Sallis, J.F., Frank, L.D., Saelens, B.E., Ahn, D.K., Conway, T.L., Cain, K., Buman, M.P., **Hekler, E.B.** (2010, April). *The built environment and health in older adults; Associations between walkable neighborhoods, mobility impairment, and physical activity*. Poster session presented at the annual meeting of the Society of Behavioral Medicine. Seattle, WA.
- Buman, M.P., **Hekler, E.B.**, Bliwise, D.L., King, A.C. (2010, April). *Exploring moderators and mediators of exercise-induced objective sleep improvements in older adults with sleep complaints*. Poster session presented at the annual meeting of the Society of Behavioral Medicine. Seattle, WA.
- Hekler, E.B.**, Buman, M., Haskell, W., Sallis, J.F., Frank, L., Saelens, B.E., King, A.C. (2009, April). *Descriptive analysis of the CHAMPS physical activity questionnaire within a large sample of older adults*. Poster session presented at the annual meeting of the Society of Behavioral Medicine. Montreal, Quebec, Canada.
- Hekler, E.B.**, Wilder, K.S., Leventhal, E. Scholz, P.M., Leventhal, H. Contrada, R.J. (2009, April). *Symptoms as a moderator of the relationship between beliefs and behaviors among patients undergoing coronary bypass surgery*. Poster session presented at the annual meeting of the Society of Behavioral Medicine. Montreal, Quebec, Canada.
- King, A.C., Castro, C.M., Pruitt, L.A., Ahn, D., Prosak, C., Buman, M., **Hekler, E.B.** (2009, April). *Optimizing diet and exercise changes in chronically stressed adults: Major results of the CALM Trial*. Paper session presented at the annual meeting of the Society of Behavioral Medicine. Montreal, Quebec, Canada.
- Hekler, E.B.**, Gottdiener, J.S., Kop, W.J. (2008, March). *The Cardiac Self-Efficacy Scale (CASE): Reliability and validity of a new assessment tool*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD.
- Hekler, E.B.**, Gilligan, S., Alberg, K., Idler, E., Boulifard, D.A., Krause, T.J., Contrada, R.J. (2006, March). *Social relationships and gender as predictors of quality of life in open-heart surgery patients*. Poster session presented at the annual meeting of the Society of Behavioral Medicine. San Francisco, CA.
- Hekler, E.B.**, Kusnecov, A.W., Contrada, R.J. (2005, April). *Associations between inflammatory markers and depressive symptoms in acute myocardial infarction patients*. Poster session presented at the annual meeting of the Society of Behavioral Medicine Annual Convention. Boston, MA.
- Hekler, E.B.**, Coups, E.J., Gilligan S., Leventhal E., Tannenbaum A.K., Krause T.J., Kusnecov, A.W., Contrada, R.J. (2003, March). *Interleukin-6 (IL-6) and depression in acute myocardial infarction*. Poster session presented at the annual meeting of the Society of Behavioral Medicine. Salt Lake City, UT.
- Hekler, E.B.**, Coups, E.J., Gilligan S., Leventhal E., Tannenbaum A.K., Krause T.J., Contrada, R.J., Kusnecov, A.W. (2003, June). *Evidence suggesting that plasma interleukin-6 is associated with depression in acute myocardial infarction (MI) patients*. Poster session presented at the annual meeting of the Psychoneuroimmunology Research Society Convention. Amelia Island, FL.
- Hekler, E.B.**, Haim, A., Durand, V.M. (2001, May). *Inter-rater reliability analysis of the motivation assessment scale (MAS)*. Poster session presented at the annual meeting of the New York

Grants

12/10 – 12/11 Improving Objective Health Indicator Feedback via Smartphones and the “cloud.”

Principal Investigator: Abby C. King

Source: Google Corporation

Role: Grant co-author, project coordinator, & investigator

Design: This study explores methods for providing feedback from “cloud” enabled assessment devices (e.g., body weight scales, blood pressure and heart rate monitors that connect to the internet) to individuals with Android smartphones.

10/09 - 08/11 Physical Activity and Sedentary Behavior via Mobile Phone Technology 1RC1HL099340-01

Principal Investigator: Abby, C. King

Source: National Heart, Lung, and Blood Institute

Role: Grant co-author, project coordinator, & investigator

Design: Pilot study focused on developing interventions increase walking and decrease television viewing among mid-life and older adults via “smart” mobile phones

01/10 – 01/11 Assessing the Impact of 2010 Santa Clara County Ordinance Banning Toys and Other Incentives with Unhealthy Restaurant Food Purchases

Principal Investigator: Jennifer J. Otten

Source: The Obesity Society

Role: Co-investigator

Design: The goal of this study is to examine the impacts of a recent county ordinance banning toys and other incentives on child-specific menu choices, restaurant environment, and parent perception and behavior.

08/10 – 04/11 Developing Community-Based Neighborhood Audit Tools to Promote Healthful Eating and Active Living in Local Counties

Principal Investigator: Abby C. King

Source: Stanford University Office of Community Health

Role: Co-investigator

Design: The goal of this project is to develop an easy-to-use environmental audit tool to assess physical activity and food environments and scaling this information to policymakers.

09/ - 06/08 Illness Representations and Health Behaviors in Heart Surgery Patients

Principal Investigator: **Eric B. Hekler**

Source: Center for the Study of Health Beliefs and Behavior: Rutgers based NIH Center.

Design: Longitudinal study examining the influence of commonsense beliefs prior to heart surgery on subsequent nutrition, physical activity, and medication adherence.

Clinical Experience

03/08 - 6/08 Trauma Recovery Program Rotation, VA Maryland – Baltimore

Population: Veterans with comorbid post traumatic stress disorder (PTSD) and substance abuse.
Assessment: Performed comprehensive batteries for assessing PTSD
Treatment: Performed individual and group therapy for treating PTSD and substance abuse.
Used Cognitive Behavioral Therapy (CBT) and Acceptance and Commitment Therapy (ACT) techniques.
Supervisor: Lorie Morris, PsyD

11/07 - 03/08 Primary Care/Chronic Pain Rotation, VA Maryland – Baltimore

Population: Veteran patients seen in the primary care clinic or chronic pain clinic.
Assessment: Assessment of psychosocial problems impacting medical care and quality of life.
Treatment: Performed brief disease management and mental health interventions.
Ran group for chronic pain using Acceptance and Commitment Therapy.
Supervisor: Stephen Bono, PhD

09/07 - 06/08 Couples Therapy Minor Rotation, VA Maryland –Baltimore

Population: Veteran patient with spouse.
Treatment: Couples therapy using emotional focused therapy.
Supervisor: Neil Weissman, PsyD

07/07 - 11/07 Health Psychology Rotation, VA Maryland –Perry Point

Population: Veterans requiring disease and/or chronic pain management.
Assessment: Assessed mental and physical health issues among patients.
Treatment: Led 6-week smoking cessation group multiple times.
Chronic disease management via Acceptance and Commitment Therapy.
Supervisor: W. Clint McSherry, PhD

07/06 - 05/07 Generalized Anxiety Disorders Practicum, Rutgers

Population: Older adult patients with generalized anxiety disorder patients in randomized clinical trial (RCT).
Assessment: Assessed for GAD in older adults using the SCID-IV and 1 hour neuropsychology battery.
Treatment: Therapist for RCT using CBT techniques.
Supervision: Peer-supervisor for other therapists working on RCT.
Co-authored a case study based on therapeutic techniques.
Supervisor: Jan Mohlman, PhD

06/05 - 06/06 Neurobehavioral Institute of New Jersey

Population: Patients with traumatic brain injury (TBI), dementia and/or a learning disability.
Assessment: Neuropsychology trainee – administered 8 hour neuropsychology battery weekly.
Experience with: WAIS III, WISC-IV, WMS-III, WIAT-III, CVLT, MMPI-2, Category Test, Hiscock, Rey 15, WRAT-3, Stroop, Trails,

Boston Naming, CPT-2.
Treatment: Co-leader of a stress-management group.
Cognitive-behavioral therapist with individual clients – treated depression following TBI.
Cognitive remediation work with TBI patients – focused on improving cognitive functioning.
Supervisor: Lynette McKeon, PsyD

09/04 - 08/05 Program for Addictions Consultation and Treatment, Rutgers

Population: Ethnically diverse alcohol and other substance abuse patients.
Assessment: Assessed for substance abuse using clinical interview, SCID, and self-report.
Treatment: Individual and group therapist – CBT and motivational interviewing techniques used.
Supervisors: James Langenbucher, PhD and Barbara McCrady, PhD

09/03 - 06/04 Rutgers Psychological Clinic

Population: General outpatient clinic.
Assessment: Conducted mental status exams and intelligence testing (WAIS-III; WMS-III)
Treatment: Cognitive Behavioral Therapist for depression and obsessive compulsive disorder.
Supervisors: Daniel Fishman PhD and Donald Morgan, PsyD

Teaching Experience

08/11 - 12/11 Designing Health Behavior Change Interventions, ASU

Instructor: Eric Hekler
Role: Designed and taught the course
Class size: 7 graduate students
Focus: fundamentals for designing health interventions

01/09 - 03/09 Food and Society, Stanford University

Primary instructors: Thomas Robinson and Christopher Gardner
Role: Teaching assistant, co-developer of the course
Class size: 22 undergraduates
Focus: Food-related social issues in the US

07/06 - 08/06 Introduction to Psychology, Rutgers University

Instructor: Eric Hekler
Role: Designed and taught a course on fundamental principles of psychology
Class size: 30 undergraduates
Evaluation: Overall effectiveness score: 4.8/5

09/06 - 12/06 Gateway: Introduction to Psychology Recitation, Rutgers University

09/05 - 12/05 Lecture Instructors: Steven Barnhart, 2005, Len Hamilton, 2006
Role: Recitation Instructor
Recitation class size: 15 undergraduates
Focus: Taught basics of psychology to students with an identified learning problem

- 09/05 - 12/05 Teaching Effectiveness Seminar, Rutgers University**
- 09/04 - 12/04** Instructors: A variety of experienced teachers at Rutgers.
 Role: Organized and redesigned graduate-level course on undergraduate teaching skills
 Class size: Approximately 20 first year graduate students per semester
- 06/05 - 07/05 Health Psychology, Rutgers University**
- 07/04 - 08/04** Instructor: Eric Hekler
 Role: Designed and taught a course surveying health psychology.
 Class size: 30 undergraduates, 2004; 50 undergraduates, 2005.
 Evaluation: Overall effectiveness score: 4.83/5
- 01/07 - 05/07 Teaching Assistant, Rutgers University**
- 01/06 - 05/06** Instructors: A variety of professors at Rutgers.
- 09/04 - 05/05** Role: Responsible for grading and teaching individual class sessions
- 09/02 - 5/03** when needed for three to four lecture classes per semester.
 Class sizes: Varied from 15 to 300 undergraduates.

Other Professional Activity

- 08/06 - Peer reviewer for the following journals:**
 Personal and Ubiquitous Computing special issue, American Journal of Preventive Medicine, International Journal of Computer Human Studies, SIG-CHI Conference paper (ACM SIG, Computer Human Interactions, Archives of Internal Medicine, UBICOMP, Annals of Behavioral Medicine, Journal of Physical Activity and Health, Journal of Medical Internet Research, Chronic Illness, Journal of Health Psychology, Current Aging Science, Journal of Clinical Psychology, Psychoneuroendocrinology, Journal of Traumatic Stress.
- 06/11 – 6/13 American College of Sports Medicine, Exercise is Medicine, Family Website Development Committee Member**
- 06/11 – 6/14 American College of Sports Medicine, SHI-Behavioral Strategies Committee Member**
- 06/11 – 6/13 American College of Sports Medicine/Society of Behavioral Medicine, Initiative to Identify Evidence-based Practices for Exercise is Medicine, Committee Member**
- 04/11 – 4/12 Society of Behavior Medicine, 2011 Conference Planning Committee**
- 04/11 – 4/12 Society of Behavior Medicine, 2011 Development Committee**
- 09/10 - 08/11 Co-Organizer of postdoctoral roundtable discussions, Stanford**
 Role: Co-organizing colloquium series for fellow post docs at SPRC.
- 05/06 - 07/06 Assistant grant reviewer for the American Cancer Society**
 Role: Assisted Dr. Dorie Glover in reviewing two competitive multi-million dollar grants.

09/03 - 05/05 Clinical psychology graduate student representative, Rutgers

Role: Participated in faculty meetings to voice concerns of the clinical psychology students and planned events such as graduate student picnic.

09/00 - 05/02 Middle Earth Crisis Hotline, SUNY, Albany

Roles: Counselor – dealt with a range of issues including suicidal behavior. Resource trainer – trained other counselors in proper hotline counseling techniques. Vice-president – co-led the group/planned events including a yearly conference.

05/00 - 08/00 Mental health technician and unit coordinator, Benedictine Hospital

05/01 - 08/01 Role: Involved in direct patient care of patients with serious mental ill in

05/02 - 08/02 an inpatient unit. As unit coordinator, communicated with administration and ordered medications.

Admittance of Membership in Professional Organizations

01/02 Society of Behavioral Medicine

06/09 American College of Sports Medicine

Honors and Awards

06/11 Participant, 2011 mHealth Summer Training Institute, NIH

04/11 Physical Activity SIG Student Award, Society of Behavioral Medicine

04/11 Meritorious Student Abstract Award, Society of Behavioral Medicine

01/11 Winner–Health2.0 Developer Challenge SF/Bay Area Code-a-thon

09/10 Participant – 2010 Physical Activity and Public Health Postgraduate Course

03/10 Conference Travel Award for Burrill & Co. Digital Health, Burrill & Co.

09/08 - 8/11 Post doctoral fellowship, Stanford University

11/07 Travel Award to ABCT conference –VA Maryland Health Care System

04/03 Travel Award to SBM conference – Rutgers University

05/02 Phi Beta Kappa – SUNY Albany

01/99 - 05/02 Deans' List – SUNY Albany

09/98 - 05/02 Presidential Scholar – SUNY Albany

References

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