

## CONNOR M. SHEEHAN

Arizona State University

T. Denny Sanford School of Social and Family Dynamics

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### EDUCATION

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- 2017 Ph.D. Sociology, **University of Texas at Austin**  
Specialization: Demography  
Graduate Certificates: Applied Statistical Modeling, Aging and Health
- 2011 M.A. Geography, **University of Colorado at Boulder**  
Graduate Certificate: Demography
- 2009 B.A. Geography, *Summa Cum Laude*, **University of Colorado at Boulder**

### PROFESSIONAL POSITIONS

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- 2018- Assistant Professor, T. Denny Sanford School of Social and Family Dynamics. Arizona State University.  
Affiliate Faculty, Institute for Social Science Research. Arizona State University.
- 2017-2018 Post-Doctoral Fellow, Leonard Davis School of Gerontology, University of Southern California.

### INTERESTS

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Sleep; Demography; Medical Sociology; Family, Sleep, Aging and the Life Course; and Inequality.

### PEER REVIEWED – EMPIRICAL STUDIES

#### PUBLISHED AND IN-PRESS ARTICLES

32. Li, L., **Sheehan, C.**, Valiente, C., Eisenberg, N., Doane, L., Spinrad, T., Johns, S., Diaz, A., Berger, R., Southworth, J. Similarities and Differences Between Actigraphy and Parent-Reported Sleep in a Hispanic and non-Hispanic White Sample. (Forthcoming). *Sleep Medicine*.
31. Torres, J., Yahirun, J., **Sheehan, C.**, Ma, M., Sáenz, J. Adult child socioeconomic disadvantage and cognitive decline among older Mexican parents. (Forthcoming). *Social Science and Medicine*.
30. Huyser, K., Locklear, S., **Sheehan, C.**, Moore, B., Butler, K., Consistent Honor, Persistent Disadvantage: American Indian and Alaska Native Veteran Health in the National Survey of Veterans. (Forthcoming). *The Journal of Aging and Health*.

29. Yahirun, J., **Sheehan, C.**, Mossakowski, K. Black-White Differences in the Link between Offspring College Attainment and Parents' Depressive Symptom Trajectories. (Forthcoming). *Research on Aging*.
28. **Sheehan, C.**, Iida, M. Spousal Educational Attainment and Sleep Duration among Older Adults. (2021). *Journal of Gerontology: Social Sciences*, 76(5), 1015-1026.
27. Ma, M., Yahirun, J., Saenz, J., & **Sheehan, C.** (2021). Offspring Educational Attainment and Older Parents' Cognition in Mexico. *Demography*, 58(1), 75-109.
26. Cantu, P., **Sheehan, C.**, Sasson, I., & Hayward, M. (2021). Increasing Education-Based Disparities in Healthy Life Expectancy Among US Non-Hispanic Whites, 2000–2010. *The Journals of Gerontology: Series B*, 76(2), 319-329. Cited: USA Today, Yahoo News, AZ Centra, Full list: <https://oxfordjournals.altmetric.com/details/70348653/news>
25. Kocevskaja, D., Lysen, T. S., Dotinga, A., Koopman-Verhoeff, M. E., Luijk, M. P., Antypa, N.,... (**Sheehan, C.**, author number 58)... & Tiemeier, H. (2021). Sleep characteristics across the lifespan in 1.1 million people from the Netherlands, United Kingdom and United States: a systematic review and meta-analysis. *Nature human behavior*, 5(1), 113-122. Featured: CNN, MSN, AZFamily. Full list: <https://www.nature.com/articles/s41562-020-00965-x/metrics>
24. **Sheehan, C.**, Walsemann, K., Ailshire, J. Race/Ethnic Differences in Educational Gradients in Sleep Duration and Quality among U.S. Adults. (2020). *Social Science and Medicine: Population Health*, 12(1): 1-8.
23. **Sheehan, C.**, & Li, L. Associations of Exercise Types with All-Cause Mortality among U.S. Adults. (2020). *Medicine & Science in Sports & Exercise*, 52(12): 2554-2562. Featured: ASU Now, CBS News, Heallo, Utah Public Radio.
22. **Sheehan, C.** Li, L., & Friedman, E. (2020). Quantity, Timing, and Type of Childhood Adversity and Sleep Quality in Adulthood. *Sleep Health*, 6(2), 246-252.
21. Swed, O., **Sheehan, C.**, & Butler, J. (2020). The Digital Divide among Veterans: Differences in Self-Reported Health by Internet Usage. *Armed Forces and Society*, 46(2), 238-258.
20. Garcia, C., **Sheehan, C.**, Florez-Gonzalez, N., & Ailshire, J. (2020). Sleep Patterns among US Latinos by Nativity and Country of Origin: Results from the National Health Interview Survey. *Ethnicity & Disease*, 30(1), 119-128.
19. Yahirun, J., **Sheehan, C.**, & Mossakowski, K. (2020). Depression in Later Life: The Role of Adult Children's College Education for Older Parents' Mental Health in the United States. *The Journals of Gerontology: Series B*, 75(2), 389-402.

18. Li, L., **Sheehan, C.**, & Thompson, M. (2019). Measurement Invariance and Sleep Quality Differences between Men and Women in the Pittsburgh Sleep Quality Index. *Journal of Clinical Sleep Medicine*, 15(12), 1769-1776.
17. Cantu, P., Kim, Y., **Sheehan, C.**, Powers, D., Margerison, C, and Cubbin, C. (2019). Downward Neighborhood Poverty Mobility during Childhood Is Associated with Child Asthma: Evidence from the Geographic Research on Wellbeing (GROW) Survey. *Journal of Urban Health*, 96(4), 558-596.
16. **Sheehan, C.**, Domingue, B., & Crimmins, E. (2019). Cohort Trends in the Gender Distribution of Household Tasks in the United States and the Implications for Understanding Disability. *Journal of Aging and Health*, 31(10), 1748–1769.
15. **Sheehan, C.**, & Tucker-Drob, E. (2019). “Gendered Expectations Distort Male-Female Differences in Instrumental Activities of Daily Living in Later Adulthood.” *Journal of Gerontology, Series B: Social Sciences*. 74(4), 715-723.
14. Keating, X., Shangguan, R., Xiao, K., Gao, X., **Sheehan, C.**, Wang, L., Colburn, J., Fan, Y., & Fei W. (2019). Tracking Changes of Chinese Preservice Teachers’ Aerobic Fitness, Body Mass Index, and Grade Point Average Over 4-years of College. *International Journal of Environmental Research and Public Health*. 16(6), 966-981)
13. **Sheehan, C.**, Hayward, M. (2019). “Black/White Differences in Mortality among Veteran and Non-Veteran Males. *Social Science Research*. 79(1), 101-114.
12. **Sheehan, C.**, Frochen, S., Walsemann, K., & Ailshire, J. (2019). “Are U.S. Adults Reporting Less Sleep?: Findings from Sleep Duration Trends in the National Health Interview Survey, 2004-2017.” *Sleep*. 42(1), 1-8. Featured: ~Almost 60 new stories, including *The New York Times*, *Science News*, *Forbes*, *U.S. News*, *The Smithsonian*, *Yahoo News*. Full list: <https://oxfordjournals.altmetric.com/details/51399253/news>
11. **Sheehan, C.** (2019). “Education and Health Conditions among the Incarcerated and Non-Incarcerated Populations.” *Population Research and Policy Review*. 38(1), 73-93.
10. **Sheehan, C.**, Montez, J., & Sasson, I. (2018). Does the Functional Form of the Association Between Education and Mortality Differ by US Region? *Biodemography and Social Biology*, 64(1), 63-81.
9. **Sheehan, C.**, Powers, D., Margerison-Zilko, C., McDevitt, T., & Cubbin, C. (2018). Historical neighborhood poverty trajectories and child sleep. *Sleep Health*, 4(2), 127-134.
8. **Sheehan, C.**, Cantu, P., Powers, D., Margerison-Zilko, C., & Cubbin, C. (2017). “Long Term Neighborhood Trajectories and Obesity. *Health and Place*. 46(1), 49-57.

7. Yahirun, J., **Sheehan, C.**, & Hayward, M. (2017). "Children's Education, Migration and Parents Mortality in Mexico." *Social Science and Medicine*. 181(1), 93-101.
6. Yahirun, J., **Sheehan, C.**, & Hayward, M. (2016). Adult Children's Education and Parents' Functional Limitations in Mexico. *Research on Aging*, 38(3), 322-345.
5. **Sheehan, C.**, Rogers, R., & Boardman, J. (2015). Postmortem presence of drugs and method of violent suicide. *Journal of Drug Issues*, 45(3), 249-262.  
Featured: <http://artsandsciences.colorado.edu/magazine/2015/09/firearm-suicide-linked-with-opiates-hangings-with-antidepressants/>
4. **Sheehan, C.**, Hummer, R., Moore, B., Huyser, K., & Butler, J. (2015). Duty, honor, country, disparity: race/ethnic differences in health and disability among male veterans. *Population Research and Policy Review*, 34(6), 785-804. Lead article.
3. Friedman, E., Montez, J., **Sheehan, C.** (co-first authors), Guenewald, T. L., & Seeman, T. E. (2015). Childhood Adversities and Adult Cardiometabolic Health Does the Quantity, Timing, and Type of Adversity Matter?. *Journal of Aging and Health*, 27(8), 1311-1338. Lead article.
2. **Sheehan, C.**, Rogers, R., Williams, G., & Boardman, J. (2013). Gender differences in the presence of drugs in violent deaths. *Addiction*, 108(3), 547-555.
1. **Sheehan, C.**, & Riosmena, F. (co-first authors). (2013). Migration, business formation, and the informal economy in urban Mexico. *Social Science Research*, 42(4), 1092-1108.

#### BOOK CHAPTERS

2. Hayward, M., & **Sheehan, C.** (2016). Does the Body Forget? Adult Health, Life Course Dynamics, and Social Change. In *Handbook of the Life Course Volume II*, edited by M. Mortimer, J. Kirpatrick, and M. Johnson, (pp. 355-368). Springer International Publishing.
1. Hummer, R., Melvin, J., **Sheehan, C.**, and Wang, Y. (2014). "Race/Ethnicity, Mortality and Longevity." Chapter 9 (pp. 131-151) in the *Handbook of Minority Aging*, edited by K.E. Whitfield and T.A. Baker. NY: Springer Publishers.

#### Other PUBLICATIONS

2. **Sheehan, C.** "It's time for Americans to stop Sleeping on Sleep."  
<https://www.publichealthpost.org/research/less-sleep-in-america/?platform=hootsuite>
1. **Sheehan, C.** "Duty, Honor, Country, Disparity: Race/Ethnic Differences in Health Among Veterans." University of Texas at Austin Sociology blog. <http://sites.la.utexas.edu/utaustinsoc/2016/04/11/duty-honor-country-disparity-raceethnic-differences-in-health-among-veterans/>

**PRESENTATIONS**

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**Refereed Professional Presentations:**

41. Torres, J., Yahirun, J (Presenter), **Sheehan, C.**, Ma, M., Sáenz, J. Adult Child Socioeconomic Disadvantage and Cognitive Decline Among Older Adult Mexican Parents. Population Association of America. (Oral Presentation). Conference held virtually due to COVID. 2021.
40. Amin, N (Presenter), **Sheehan, C.** Sleep Duration among Middle Eastern Immigrants in the U.S.: Results from the National Health Interview Survey, 2004-2018. Population Association of America. (Poster). Conference held virtually due to COVID. 2021.
39. Li, L. **Sheehan, C (Presenter)**., Petrov, M., Mattingly, J. The Long Arm of Sedentary Behavior and Exercise in Adolescence for Sleep in Early Adulthood. Poster. Population Association of America. (Poster). Conference held virtually due to COVID. 2021.
38. **Sheehan, C (Presenter)**., Garcia, M., Chiu, C., Cantu, P. Racial and Ethnic Differences in Sleep Duration Life Expectancies Among Older Adults in the United States. Population Association of America. (Poster). Conference held virtually due to COVID. 2021.
37. Torres, J (Presenter), Yahirun, J., **Sheehan, C.**, Ma, M., Sáenz, J. Adult child socioeconomic disadvantage and cognitive decline among older Mexican parents. Mexican Health and Aging Study User Conference. Conference held virtually due to COVID. 2020.
36. Amin, N. (Presenter), & **Sheehan, C.** “Sleep duration Among Middle Eastern Immigrants in the United States: Analysis from the National Health Interview Survey, 2004-2018.” Population Association of America. Washington D.C. (Poster). Conference canceled due to COVID-19. 2020.
35. **Sheehan, C.** (Presenter), & Li, L. “Associations of Exercise with All-Cause Mortality Among Adults in the United States: Are there Subgroup Differences?” Population Association of America. Washington D.C. (Flash Talk). Conference canceled due to COVID-19. 2020.
34. Yahirun, J. (Presenter), **Sheehan, C.**, & Mossakowski, K. “Black-White Differences in the Association between Offspring Educational Attainment and Parents’ Depressive Symptoms.” Population Association of America. Washington D.C. Conference canceled due to COVID-19. 2020.
33. **Sheehan, C.** (Presenter), Zajacova, A., & Montez, J. “State-Level Variation in the Association between Educational Attainment and Sleep. Population Association of America.” Washington D.C. (Flash Talk). Conference canceled due to COVID-19. 2020.

32. **Sheehan, C.**, Walsemann, K. & Ailshire, J. "Race/Ethnic Differences in Educational Gradients in Sleep Duration and Quality among U.S. Adults. Population Association of America. Austin. (Poster). 2019.
31. Ma, M. (Presenter), Yahirun, J., Saenz, J., & **Sheehan, C.** "Offspring Educational Attainment and Older Parents' Cognition in Mexico." Population Association of America. Austin. 2019.
30. Urvashi, J., & **Sheehan, C.** "Gender Differences in Family and Paid Disability Help Among Older Adults: Evidence from the United States, Mexico, and Indonesia." Population Association of America. Austin. (Poster). 2019.
29. Cobb, R. (Presenter), **Sheehan, C.**, & Nguyen, A. "Perceived Discrimination, Chronic Conditions, and All-Cause Mortality among Older Adults: Evidence from the Health and Retirement Study." Gerontological Association of America. Boston. 2018.
28. Swed, O. (Presenter), **Sheehan, C.**, & Butler, J. "The Digital Divide among Veterans: Differences in Self-Reported Health by Internet Usage." American Sociological Association. Philadelphia. 2018.
27. Yahirhun, J. (Presenter), **Sheehan, C.**, & Mossakowski, K. "Depression in Later Life: The Role of Adult Children's College Education for Older Adult Parents' Mental Health." American Sociological Association. Philadelphia. 2018.
26. Yahirhun, J. (Presenter), **Sheehan, C.**, & Mossakowski, K. "Depression in Later Life: The Role of Adult Children's College Education for Older Adult Parents' Mental Health." Population Association of America. Denver. 2018.
25. **Sheehan, C.** (Presenter), Domingue, B., & Crimmins, E. "How Increasing Gender Egalitarianism in Household Labor Complicates Estimates of Disability." Population Association of America. Denver. 2018.
24. **Sheehan, C.**, Karas-Montez, J., & Sasson, I. "Does the Functional Form of the Association between Education and Mortality Differ by U.S. Region?" Population Association of America. Denver. (Poster). 2018.
23. Swed, O. (Presenter), **Sheehan, C.**, & Butler, J. "The Digital Divide among Veterans: Differences in Self-Reported Health by Internet Usage." Southern Sociological Society. New Orleans. 2018.
22. **Sheehan, C.** (Presenter), Farina, M., & Hayward, D. "The Stain of Segregation: Regional Differences in Aging Among Blacks with a Focus on the South." Interdisciplinary Association for Population Health Sciences. Austin, Texas. 2017.
21. **Sheehan, C.** (Presenter), & Hayward M., "Race and Ethnic Differences in Risk of Mortality Among Veterans and Non-Veterans." Pop-Up Institute. Austin. (Poster). 2017.

20. **Sheehan, C.**, Powers, D., Margerison-Zilko, C., McDevitt, T., & Cubbin, C. Long-Term Neighborhood Poverty Trajectories and Child Sleep. Population Association of America. Chicago. (Poster). 2017.
19. **Sheehan, C.** (Presenter), & Hayward M., “Race and Ethnic Differences in Risk of Mortality Among Veterans and Non-Veterans.” Population Association of America. Chicago. (Poster). 2017.
18. **Sheehan, C.** (Presenter), “Race and Ethnic Differences in Risk of Mortality Among Veterans and Non-Veterans.” American Sociological Association. Seattle. 2016.
17. **Sheehan, C.** (Presenter), Cantu, P., Powers, D. & Cubbin, C. “Long-Term Neighborhood Poverty Trajectories and Obesity.” American Sociological Association. Seattle. 2016.
16. Cantu, P (Presenter), **Sheehan, C.**, & Domingue, B. “Health Measurement in the Health and Retirement Study and Mexican Health and Aging Study: A Psychometric Approach.” Population Association of America. Washington D.C. 2016.
15. **Sheehan, C.** (Presenter), Cantu, P., Powers, D. & Cubbin, C. “Long-Term Neighborhood Poverty Trajectories and Obesity.” Population Association of America. Washington D.C. 2016.
14. **Sheehan, C.** (Presenter), Cantu, P., Powers, D. & Cubbin, C. “Long-Term Neighborhood Poverty Trajectories and Obesity.” Population Research Center Brown Bag. University of Texas at Austin. 2015.
13. Yahirun, J. (Presenter), **Sheehan, C.**, & Hayward, M. “Children’s Education, Migration and Parents Mortality in Mexico.” American Sociological Association. Chicago. 2015.
12. **Sheehan, C.** (Presenter), & Hayward, M., “Race and Ethnic Differences in Retrospective Reports of Childhood Health” American Sociological Association. Chicago. 2015.
11. Cantu, P. (Presenter), **Sheehan, C.**, & Domingue, B. “Health Measurement in the Health and Retirement Study and Mexican Health and Aging Study: A Psychometric Approach.” Rand Comparative International Research Conference (invited and funded by Rand). 2015.
10. Yahirun, J., **Sheehan, C.**, & Hayward, M. “Children’s Education, Migration and Parents Mortality in Mexico” Population Association of America. San Diego. (Poster). 2015.
9. Yahirun, J. (Presenter), **Sheehan, C.**, & Hayward, M. “Children’s Resources and Parents’ Health in Mexico: Evidence for “Upward” Transfers of Intergenerational Resources” Population Association of America. Boston. 2014.
8. Friedman, E., Karas-Montez, J., **Sheehan, C.** (Presenter), Gruenewald, T., & Seeman, T. “Gender Differences in the Association between Childhood Adversities and Adult Health” Population Association of America. Boston. 2014.

7. **Sheehan, C.** (Presenter), & Hayward, M. “Race and Ethnic Differences in Retrospective Reports of Childhood Health” Population Association of America. Boston. 2014.
6. **Sheehan, C.** (Presenter), Moore, B., Butler, J., & Hummer, R. “Duty, Honor, Country, Disparity: Race/Ethnic Differences in Self-Reported Health and Disability of Male Veterans” Population Association of America. New Orleans. 2013.
5. **Sheehan, C.** (Presenter), & Rogers, R. “Post-Mortem Presence of Drugs and Method of Completed Suicide in Colorado” Population Association of America. New Orleans. (Poster). 2013.
4. **Sheehan, C.** (Presenter), & Hummer, R. “Duty, Honor, Country, Disparity: Race/Ethnic Differences in Self-Reported Health of Veterans” Southern Demographic Association. Williamsburg. 2012.
3. **Sheehan, C.** “Gender Differences in Drugs Present in Suicide and Homicide Deaths.” American Sociological Association. Denver. 2012.
2. **Sheehan, C.** (Presenter), & Riosmena, F. “Migration and Informal Business Creation in Mexico” Population Association of America. San Francisco. 2012.
1. **Sheehan, C.** “Migration and Informal Business Creation in Mexico” Association of American Geographers. Seattle. 2011.

#### **Invited Presentations**

3. **Sheehan, C.** “Sociological Perspectives on Sleep: Trends in Sleep in the United States, 2004-2017.” AZPURC, Arizona State University Psychology Program. Held online due to COVID-19. 2020.
2. **Sheehan, C.** “Neighborhood Poverty Histories and Life-Course Health.” University of Arizona Sociology Colloquium. Tucson, Arizona. 2020.
1. **Sheehan, C.** “Offspring Educational Attainment and Older Parents’ Cognition in Mexico.” Mexican Health and Aging Study user conference. Mexico City. 2019.

#### **SPONSORED RESEARCH**

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##### **Ongoing Research Support**

##### **Completed Research Support**

Arizona State Global Sports Institute Seed Grant, “Sports, Exercise, and Sleep in Adolescence and Early-Adulthood?” Funded. Connor Sheehan (PI). Longfeng Li (Co-PI). Funded. \$10,000. Internal.



Arizona State Global Sports Institute Seed Grant, “A Systematic Investigation of the Relationship between Sports and Mortality: How does the Relationship vary by Race/Ethnicity?” Connor Sheehan (PI). Funded. \$20,000. Internal.

### **Funding Proposals Under Review**

### **Funding Proposals In Preparation**

Cognitive Impairment Trajectories among Older Adult Veterans and Non-Veterans

### **Funding Proposals Not Funded**

National Institute of Health R21, “Housing, Neighborhoods and Social Change”, Stefan Leyk (PI), Dylan Connor (Co-PI), Connor Sheehan (Co-PI), Myron Gutmann (Co-PI). Unfunded.

National Science Foundation, “Housing, Neighborhoods and Social Change”, Stefan Leyk (PI), Dylan Connor (Co-PI), Connor Sheehan (Co-PI), Myron Gutmann (Co-PI). Unfunded.

### **AWARDS**

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2020	Named Global Sports Scholar, from the Global Sports Institute, Arizona State University.
2019	Population Reference Bureau Travel Award. \$800.
2018	Selected as a Butler Williams Scholar by the National Institute of Aging
2017	Dell Medical School: Pursing Excellence in Research and Quality Improvement Symposium, Excellence Award.  Pop-Up Fellowship, Vice Presidential Office of Research, University of Texas at Austin. ~\$3,000.
2016	University of Texas at Austin, College of Liberal Arts, Professional Development Award. \$500.  University of Texas at Austin, Department of Statistics and Data Sciences, Fall Graduate Fellowship. \$4,500.  University of Texas at Austin, College of Liberal Arts, Fall Continuing Fellowship. ~\$10,000 (& tuition).  University of Texas at Austin, College of Liberal Arts, Summer Continuing Fellowship. ~\$6,000 (& tuition).
2015	University of Texas at Austin, College of Liberal Arts Professional Development Award. \$500.

- 2013 Quantitative Training Fellowship, University of Texas at Austin, Population Research Center. \$5,000.
- Pre-doctoral Award, University of Texas at Austin, Department of Sociology. \$2,500.
- National Institute of Child Health and Human Development Traineeship in Population Studies. ~\$21,000 (& tuition).
- 2010 Seed grant, University of Colorado Institute of Behavioral Sciences to complete Master's thesis, (PI: Fernando Riosmena). \$8,000.
- 2009 Recruitment Fellowship, University of Colorado at Boulder Geography Department. \$3,000.

### RESEARCH/CONSULTING EXPERIENCE

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- 2021 Statistical Consultant. School of Transborder Studies, Arizona State University, Faculty: Eileen Diaz-McConnell,
- 2017 Statistical Consultant. Department of Women's Health, Dell Medical School, University of Texas at Austin.
- Statistical Consultant. Center for the Family, University of Hawai'i at Manoa, Faculty: Dr. Jenjira Yahirun.
- 2016 Research Assistant, *Incarceration and Cardiovascular Health*. Department of Sociology, University of Texas at Austin, Faculty: Dr. Elizabeth Pettit.
- 2015 Research Assistant, *Neighborhoods and Health*. Department of Social Work, University of Texas at Austin, Faculty: Dr. Catherine Cubbin.
- Research Assistant, *Upward Transfers of Education in Mexico*, Center for the Family, University of Hawai'i at Manoa, Faculty: Dr. Jenjira Yahirun.
- 2014 Research Assistant, *Cohort Perspectives on Health*, Population Research Center, University of Texas at Austin, Faculty: Dr. Mark Hayward.
- 2013 Research Assistant, *Upward Transfers of Education in Mexico*, Population Research Center, University of Texas at Austin, Faculty: Dr. Jenjira Yahirun & Dr. Mark Hayward.

Research Assistant, *Childhood Stress and Adult Health*, Harvard Center for Population and Development Studies, Faculty: Dr. Jennifer Motnez & Dr. Esther Friedman.

2012 Research Assistant, *Veteran Health and Socioeconomic Achievement*, IC2 & Population Research Center University of Texas, Faculty: Dr. John Butler, Dr. Robert Hummer, & Dr. Brenda Moore.

2011 Assistant Grant Writer for Cancer Prevention Research Institute of Texas (PI: Robert Hummer).  
Research Assistant, *Gender Differences in Drugs Present in Suicide and Homicide Decedents*, Institute of Behavioral Sciences University of Colorado at Boulder, Faculty: Dr. Richard Roger & Dr. Jason Boardman.

Research Assistant, Various Migration Projects, Institute of Behavioral Sciences University of Colorado at Boulder, Faculty: Dr. Fernando Riosmena.

2010 Research Assistant, *Event History Analysis of Migrants and Business Formation*, Institute of Behavioral Sciences University of Colorado at Boulder, Faculty: Dr. Fernando Riosmena.

2008 Research Assistant, *Holocaust Cluster Analysis*, Geography Department University of Texas, San Marcos, Faculty: Dr. Alberto Giordano.

## TEACHING & MENTORING

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### Arizona State University

#### *Instructor*

CDE 498/GIS 494: Multivariate Statistics for the Social Sciences. Course Taught: Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021

Sociology 390: Social Statistics I. Course Taught: Fall 2019, Fall 2020.

#### Guest Lectures and Panels

*Trajectories to Research*, SUPER, Summer 2021

*Sociology of Health*, Soc 390 iCourse, Spring 2021

*Social Media Usage in the Academy*, Sociology PhD Pro-Seminar

*Sociology at ASU*, SUPER, Summer 2020.

*Academic Job Interviews*, Dr. Updegraff's Academic Professional Development seminar, Fall 2019.

*Academic Job Interviews Panel*, Dr. Wilkens' ECLiPSE Research Lab Meeting, SSFD, Arizona State University, Fall 2018.

## MENTORING

### At Arizona State University

**Committee Membership**

- 2020 Omar Staben (*Comprehensive Exam*), Psychology Department.  
 Hyejung Park (*Comprehensive Exam*), Psychology Department.

**SERVICE****INTERNAL SERVICE TO ARIZONA STATE UNIVERSITY**

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- 2020- Arizona State University, School of Social and Family Dynamics, Student Affairs and Success Committee
- Arizona State University, School of Social and Family Dynamics, Personnel Committee.
- 2020 Arizona State University, Global Sports Institute, Seed Grant Reviewer.
- 2019-2020 Arizona State University, School of Social and Family Dynamics, Director Search Committee.
- 2019-2020: Arizona State University, Institute for Social Science Research, Seed Grant Reviewer.
- 2019-2020: Arizona State University, School of Social and Family Dynamics, Southwest and Border Search Committee.
- Arizona State University, School of Social and Family Dynamics, Ad Hoc Search Committee x2.
- 2018-2019 School of Social and Family Dynamics, Undergraduate Committee.
- 2018-2021 Member of the Measurement and Statistical Analysis (MASA) group.

**SERVICE TO THE PROFESSION**

- 2021 Section Discussant, Population Association of America,  
 Section Chair, Population Association of America.
- 2019-2020 Section Chair of two sections, Population Association of America

**Ad Hoc Reviewer**

- Addiction Research and Theory*  
*Alcoholism: Clinical and Experimental Research*  
*American Journal of Preventative Medicine*

*Armed Forces and Society*  
*BMC Geriatrics*  
*BMJ Open*  
*Child Development*  
*Demographic Research*  
*Health and Place*  
*Injury Prevention*  
*Innovation in Ageing*  
*Journal of Aging and Health*  
*Journal of Epidemiology & Community Health*  
*Journal of Gerontology, Series B, Social Sciences*  
*Journal of Health and Social Behavior*  
*Journal of Women's Health*  
*Management Research Review*  
*Nature and Science of Sleep*  
*Pediatrics*  
 PLOS ONE  
*Population Research and Policy Review*  
*Research on Aging*  
*Sleep Health*  
*Sleep Research*  
*Social Forces*  
*Social Science & Medicine*  
*Social Science & Medicine – Mental Health*  
*Social Science & Medicine – Population Health*  
*Social Science Research*  
*The International Journal of Mental Health and Addiction*  
*The Journal of Pediatrics*  
*The Journal of Psychoactive Drugs*  
*The Journal of Sleep Research*

#### **PROFESSIONAL MEMBERSHIP**

Population Association of America  
 Gerontological Association of America

#### **PROFESSIONAL DEVELOPMENT AND TRAINING**

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##### **RESEARCH PROFESSIONAL DEVELOPMENT**

2020      The Network on Life Course and Health Dynamics and Disparities grant mentee.

- 2019 Rand Corporation Summer Mini-Medical School Workshop (competitive application process). Half week in Santa Monica, California to learn about the Bio-Social determinants of Aging.
- 2018-2019 Arizona State University, College of Liberal Arts and Sciences, New Assistant Professor Workshop Series, “Developing Your Research Program and Scholarship” workshop.
- 2018 Butler-Williams Scholar (competitive application process), National Institute of Aging. One week in Bethesda Maryland to learn about the National Institute of Aging (NIA) and funding opportunities provided by NIA

### **METHODOLOGICAL TRAINING**

- 2012 Stanford Formal Demography Workshop Participant (competitive application process). Three-day workshop at Stanford University regarding how to utilize advanced formal demographic techniques for research.

### **PROFESSIONALIZATION DEVELOPMENT**

- 2021 Arizona State University, College of Liberal Arts and Sciences, CV Workshop.
- 2020 Arizona State University, College of Liberal Arts and Sciences, Personal Statement Workshop.
- 2018-2019 Arizona State University, College of Liberal Arts and Sciences, New Assistant Professor Workshop Series, “Becoming a Colleague” workshop.
- Arizona State University, College of Liberal Arts and Sciences, New Assistant Professor Workshop Series, “Preparing for Tenure Review” workshop.
- 2015 Population Research Bureau, U.S. Policy Communication Fellow (Competitive application process). A Week in Washington D.C. to learn how to communicate demographic research to policy and public audiences.

### **INSTRUCTIONAL TRAINING**

- 2021 Arizona State University, College of Liberal Arts and Sciences, Workshop: “Adopting Student-Selected Choices into Course Syllabi.”
- Arizona State University, College of Liberal Arts and Sciences, Workshop: “Inclusive Images: A Framework to Determine if Your Slides, Simulations, and Content, Are Inclusive.”

- 2020 Arizona State University, College of Liberal Arts and Sciences, Workshop: “Promoting Equitable Learning with the Peralta Rubric.”
- Arizona State University, College of Liberal Arts and Sciences, Workshop: “Applying Universal Design for Learning.”
- Arizona State University, College of Liberal Arts and Sciences, Workshop: “Promoting Inclusion by Addressing Hidden Curriculum.”
- 2018-2019 Arizona State University, College of Liberal Arts and Sciences, New Assistant Professor Workshop Series, “Teaching at ASU” workshop.

## **PUBLIC SOCIOLOGY**

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### **SELECT MEDIA APPEARANCES**

#### **Television**

Arizona Horizon PBS: “ASU sleep study reveals lack of good sleep can worsen social inequality.” 12/4/2018.  
<https://azpbs.org/horizon/2018/12/asu-sleep-study-reveals-lack-of-good-sleep-can-worsen-social-inequality/>

#### **Radio**

Utah Public Radio: “UnDisciplined.” 6/26/2020  
<https://www.upr.org/post/undisciplined-stretching-our-lives>

Utah Public Radio: “UnDisciplined.” 1/20/2019.  
<https://www.upr.org/post/undisciplined-demographic-sociologist-and-social-psychologist>

CBS News Radio This Morning: “Exercise type and Longevity,” Interview Conducted 7/17/2020, aired nationally, ~7/20/2020. Link unavailable.

Arizona NPR: “Sleepless in the States: Americans are getting less shuteye, especially Blacks and Hispanics” 12/17/2018.  
<https://kjzz.org/content/738110/sleepless-states-americans-are-getting-less-shuteye-especially-blacks-and-hispanics>

#### **Print/Online**

ASU Now: “ASU study finds Americans Reporting Less Sleep.” 11/19/18.  
<https://news.asu.edu/20181119-discoveries-asu-study-finds-americans-report-getting-less-sleep>

Science News: “Americans are sleeping less than they were 13 years ago.” 12/21/2018.  
<https://www.sciencenews.org/article/americans-are-sleeping-less-they-were-13-years-ago>

Newsday: “Not getting enough sleep? Experts say turn off the smartphone late at night.” 3/9/2019

[https://www.newsday.com/news/health/sleep-smartphones-electronic-devices-1.28255650?utm\\_source=tw\\_nd](https://www.newsday.com/news/health/sleep-smartphones-electronic-devices-1.28255650?utm_source=tw_nd)

ASU Now: “When it comes to longevity, any exercise is good exercise.” 7/14/2020.

<https://news.asu.edu/20200714-discoveries-when-it-comes-longevity-any-exercise-good-exercise>

Healio: “Any Exercise benefits longevity, but some types are better than others.” 8/4/2020.

<https://www.healio.com/news/primary-care/20200803/any-exercise-benefits-longevity-but-some-types-are-better-than-others#:~:text=Denny%20Sanford%20School%20of%20Social,than%20others%20for%20living%20longer.%E2%80%9D>

Sleep Foundation: “An Education Gap is the Sleep Gap: An Interview with Connor Sheehan.” 6/10/2021.

<https://www.sleepfoundation.org/interviews/education-gap-and-sleep-connor-sheehan>

### **Social Media**

Tweet on main ASU account about my research regarding exercise and mortality:

<https://twitter.com/ASU/status/1288897907714859009>

Instagram post from ASU Now Instagram highlighting my work on sleep.

[https://www.instagram.com/p/CEpUe8LnD\\_D/?igshid=11v669tftizoc](https://www.instagram.com/p/CEpUe8LnD_D/?igshid=11v669tftizoc)